



The SPRING 2025

# Bulletin

## SCMOMC 2024-2025 EXECUTIVE COMMITTEE

### President

Carla Hall  
Act Two MOMs  
[president@scmomc.org](mailto:president@scmomc.org)  
951.743.9350

### Vice President

Lorrie Seigel  
Multiple Miracle MOMS  
[csecretary@scmomc.org](mailto:csecretary@scmomc.org)  
714.504.8243

### Recording Secretary

Diana Pedersen Coe  
MODD Squad  
[rsecretary@scmomc.org](mailto:rsecretary@scmomc.org)  
661.547.7729

### Corresponding Secretary

Jennette Sides  
BCPMA  
[csecretary@scmomc.org](mailto:csecretary@scmomc.org)  
310.408.3374

### Treasurer

Terry Buchanan  
MOMIES  
[treasurer@scmomc.org](mailto:treasurer@scmomc.org)  
909.702.9915

### Parliamentarian

Donna Matanane  
Act Two MOMs  
[parliamentarian@scmomc.org](mailto:parliamentarian@scmomc.org)  
760.519.2650

## A Message from Our President



It's hard to believe that it's March already and a little over 2 months until Convention. Ventura MOMS is working hard on "Starlet's Retreat" which will be held in Thousand Oaks. Get your members together and plan on a fun weekend away... you all deserve it!!!

I would also like to take this opportunity to say thank you from the bottom of my heart

for allowing me to be President these past few years. This organization is part of my family. I did not know about twins club with my first set of twins, but once the second set came, I joined immediately and have been super involved ever since. I have only missed one Workshop in all that time... Sorry Terry! There have been many ups and downs, but as a group, we have made it work. We need to see new faces – those willing to learn about this special organization and keep it going forward – so, please, turn in your resume (as soon as you read this!)

I set my goals, ie: all the meetings would be 2 hours or less – listening with an open mind to the criticism and complaints (as well as the compliments) with an Executive Committee who did the same – and we accomplished so much and I'm proud to be a part of our growth.

With clubs across the country disbanding, I'm thrilled to say that SCMOMC, Inc. is still moving forward because of your participation and support, so keep up the good work.

Once you get the bug to be involved, it becomes a lifestyle and for me, it will continue.

Love to each and every one of you as your "multiple" journey continues. See you in May!

Love, Carla

## Vice President—Lorrie Seigel

Your club President and/or State Rep should have received the Dues Renewal notice sent on March 1, 2025. Please be sure to fill out the renewal form so that we can have an up-to-date Club Directory. It will make it so much easier if a new renewal form for your club is filled out, even if there are no changes. Please pay your dues by May 1, 2025. You can find the renewal form on the Members Only page of the website.



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## Recording Secretary—Diana Pedersen Coe

Hello Ladies,

First off I'd like to say thank you for having me be your recording secretary for this term.

I will be sending out by email the January 25th Board of Directors report and the November Workshop General Session minutes for your approval about April 3rd.

I would appreciate everyone looking at these minutes and to give me your Corrections or additions so I can have everything ready for convention.

Thank you

# Corresponding Secretary—Jennette Sides

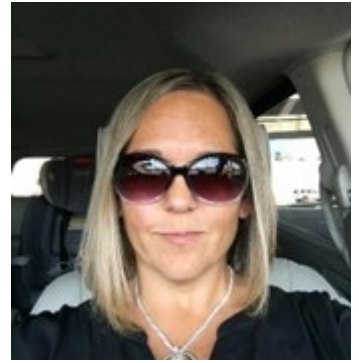
Happy (almost) Spring!!

I am so looking forward to seeing everyone at Convention! I know Ventura County MOMS will do an amazing job delivering a true "Starlet's Retreat!"

Meeting notices for the May, 2025, Board Meeting will be emailed out on April 4th. Please remember to have your reports submitted to the President, with copies sent to the Vice President and your Officer in Charge, by April 18, 2025. If you do not remember who your OIC is, please reach out and I can point you in the right direction.

I am still trying to track down missing name badges before I place an order to replace the missing ones. If you have a badge for a position that you no longer hold, please email me at JustJ74@gmail.com and let me know. I want to avoid ordering a replacement badge for one that is still floating around out there. And please remember to bring your badge to the meeting in May so that I can collect them and pass them out after the new board is announced.

Thank you!!!



## Treasurer—Terry Buchanan

Hello MOMs. I am looking forward to Starlets Retreat. Please join us for a fun relaxing weekend with SCMOMC.

We have a lot going on right now. As Treasurer, I will be receiving money for Convention registration, Dues and Insurance.

Please, if sending payment with Zelle, label payments with member name if different from senders name so payments are applied correctly. If paying with check, make it to SCMOMC (not Terry Buchanan) using the memo line with member or club information. This will help me tremendously.

Zelle: [treasurer@scmomc.org](mailto:treasurer@scmomc.org)

Mailing address: 956 Pinyon Ct. Ontario, CA 91762

HAPPY SPRING



# Parliamentarian—Donna Matanane

Happy Spring!!

There will be one Bylaw amendment to be voted on at May Convention. This amendment will be emailed to the State Representative (or President) of each member club 30 days prior to convention as outlined in our By-Laws and Standing Rules.



I want to thank the Nominating Committee Chair (Conni Russell) and members of the Nominating Committee (Justine Wakim, Kathy MaGouirk, Amy Zebrack, Linda Grise) for their work in putting together a slate of nominees for the Executive Committee elections to be held at the upcoming Convention. Please see the Nominating Committee Chair's report elsewhere in this Bulletin. Resumes can still be submitted to the Nominating Committee Chairman, Conni Russell, and must be turned in to her PRIOR to being nominated from the floor or considered by the newly elected Executive Committee for the non-elected positions. Resume form is available to download from the members only section of the SCMOMC website.

It has been a pleasure to have served these past few years as your Parliamentarian. I encourage you to consider serving on the SCMOMC, Inc. Board of Directors to help keep this organization going.

Hope to see you all in May at our 56<sup>th</sup> Annual Convention!

Twincerey Blessed

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## Upcoming Dates to Remember

|     | <b>MARCH 2025</b>                                                                                   |    | <b>APRIL 2025</b>                                                  |
|-----|-----------------------------------------------------------------------------------------------------|----|--------------------------------------------------------------------|
| 1   | Dues Renewal Notices emailed<br>First Call for Convention mailed<br>Articles due to Editor          | 4  | Board Meeting Notices emailed                                      |
| 15  | Deadline for Book Award nominations<br>Bulletin Emailed                                             | 18 | Deadline for Final Reports to President with<br>Copy to VP and OIC |
| 31  | Deadline for Convention registration<br>Deadline for Credentials<br>Deadline for Hotel Reservations |    |                                                                    |
|     | <b>MAY 2025</b>                                                                                     |    | <b>JUNE 2025</b>                                                   |
| 1   | SCMOMC Dues are Due                                                                                 | 1  | Articles due to Editor                                             |
| 2-3 | 56th Annual CONVENTION in Thousand Oaks<br>SCMOMC Board Meeting<br>Insurance Renewal Forms Due      | 15 | Bulletin Emailed<br><br>Joint Board Meeting—TBD                    |

# 2024-2025 SCMOMC Board Members

|                                |                                                           |
|--------------------------------|-----------------------------------------------------------|
| Advisor/Past President (83-85) | Diana Long                                                |
| Advisor/Past President (87-89) | Kathy MaGouirk                                            |
| Advisor/Past President (89-91) | Carla Hall                                                |
| Advisor/Past President (96-98) | Linda Grisé                                               |
| Advisor/Past President (00-02) | Terry Buchanan                                            |
| Advisor/Past President (06-08) | Donna Matanane                                            |
| Advisor/Past President (12-15) | Laura Teague                                              |
| Advisor/Past President (15-17) | Amanda Armitage                                           |
| Advisor/Past President (17-19) | Melissa Lewis                                             |
| Nominating Committee Chair     | Conni Russell                                             |
| Nominating Committee           | Kathy MaGouirk, Linda Grisé<br>Justine Wakim, Amy Zebrack |
| Meeting Planner                | Laura Teague                                              |
| 2024 Workshop Chair            | Lisa Anhalt                                               |
| 2024 Workshop Co-Chair         | Jennifer Payne                                            |
| 2025 Convention Chair          | Open                                                      |
| 2025 Convention Co-Chair       | Open                                                      |
| Chaplain                       | Regina Voshell                                            |
| National Representative        | Ellen Johnson                                             |
| State Liaison                  | Wendy Leonard                                             |
| Editor                         | Jennette Sides                                            |
| Special Projects               | Justine Wakim                                             |
| Insurance Liaison              | Maike Rehusch                                             |
| Webmaster                      | Becky Hames Leidiger                                      |

# 2024-2025 SCMOMC Board Members

President's Scrapbook

Diana Pedersen Coe

Historian

Tricia Heck

Support Services HOM

Candace Hallmark-Bozek

Marketing Chair

Claudia Contreras

Scholarship Committee Chair

Gaby Sempé

Scholarship Committee

Robyn Samuelson-Dodd, Kris Berry,  
Angela Lin, Joanna Power-Gibson

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## Editor—Jennette Sides

Hello MOMs!

Welcome to the Spring edition of the SCMOMC Bulletin! Thank you to everyone who submitted an article to be included in this issue.



I am so looking forward to our weekend get away at the “Starlet’s Retreat!” The winter months are always hard for me... the big holidays at the end of the year are long gone and life feels like a marathon as we trudge toward summer. I am not a fan of the dark cold days at the beginning of the year, so when daylight savings rolls around and the sunshine gets longer, I can slowly start to feel myself releasing out of my cocoon. I remind myself that the cold will soon warm to the beautiful sunshine days that we know and love about living in Southern California. Spring Break, followed by the SCMOMC Spring Convention, are two major markers assuring me that summer is right around the corner. We are almost there!!!

Thank you for allowing me to be your Editor this past board year. I enjoy putting together this publication and getting to see and share everything that our organization and individual clubs have been up to. I hope you have enjoyed following along as we continue to grow as an amazing sisterhood.

See you all in May!

# Meeting Planner—Laura Teague



Happy Spring to all the MOMs!

## MARK YOUR CALENDARS

### Convention 2025 May 2-4<sup>th</sup> “Starlet’s Retreat “

Hosted by Ventura County MOMs. Chairwoman Laura Teague and Co-Chair Melissa Lewis.  
Time to get nostalgic about some of our favorite Hollywood Movie Starlets from the 1940’s to today! !

The Palm Garden Hotel in Thousand Oaks has the glamour and decadent décor of the old Hollywood hotels, but with a 3-million-dollar renovation in the last few years, this fresh, clean, and uncomplicated property has all the modern conveniences: Business Center, Fitness Center, heated outdoor pool, complimentary breakfast, in room frig, and coffee maker. Free parking and Wi-Fi.

\$159.00 for your choice of a King or Double Queen room. This is a boutique hotel, so please call in your reservation and request a COURTYARD room for the best views and easy access to the meeting space.

First Call was sent out on March 1<sup>st</sup>- Please let me know if you need a copy or have questions.

### WORKSHOP– NOVEMBER 7-9,2025\*\* Second Weekend of November\*\*

(Due to Halloween falling on a Friday)

Chair- Joanna Power-Gibson, Co -Chair Janet Pike

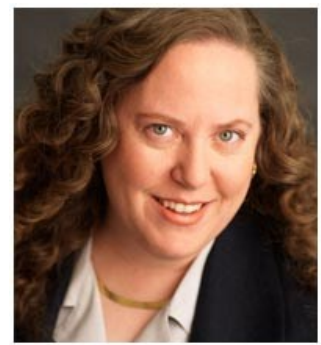
The amazing MOMs of Temecula Valley have stepped up and invited our organization to once again visit their beautiful part of Southern California. Details will be unveiled at Convention 2025

I am happy to mentor any MOM that is interested in volunteering for the rewarding job of Meeting Planner and attend any club meetings to speak to your members about hosting future events.

**56th Annual Convention  
of the Southern California Mothers of Multiples Clubs, INC.  
Starlets Retreat  
Hosted By  
Ventura County Mothers of Multiples  
The Palm Garden Hotel  
May 2-3, 2025**



# National Representative—Ellen Johnson



Happy Spring and I hope everyone has made it through all the rain we have had.

The Multiples of America 2025 Annual Convention will be held on July 24 to July 26, 2025 in Tuscon, Arizona, at the newly renovated Omni Tucson National resort. Room rates will be an amazing \$129 per night. That rate is available for up to three days before and three days after the convention. Also, there are no resort fees. Parking is also free. You can book your room now. The link to book the hotel can be found at [https://multiplesofamerica.org/2025\\_annualconvention/](https://multiplesofamerica.org/2025_annualconvention/)

You can check out the hotel at <https://www.omnihotels.com/hotels/tucson-national>.

April is Multiple Birth Awareness month. This year our theme is: It's a Balancing Act: Mental Wellness for Parents of Multiples. The Multiple Birth Awareness Month toolkit has been updated and is available on the members only website. Please review the toolkit and share your posts with what your club is doing and tag Multiples of America on their social media pages:

Facebook: <https://www.facebook.com/MultiplesofAmerica>

X (formerly Twitter): @MultiplesUSA

Instagram: <https://www.instagram.com/multiplesofamerica/>

The Spring Mailing has been sent so please check your emails to review it. Please make sure to add [info@multiplesofamerica.org](mailto:info@multiplesofamerica.org) to your safe list so you can receive this information as well as Multiple Connections, Club Connection and other emails from Multiples of America.

Multiples of America is having a social media snapshot challenge called, "15 Minutes of YOU Time." Simply snap a picture of YOU (or your whole club) doing something that is for YOU (reading a book, chatting with friends, petting your dog, taking a walk). Post the picture on the Multiples of America Members Only Facebook page and you'll be entered in a drawing for a gift card.

Multiples of America hosts a monthly Zoom Connect meeting, each with a helpful theme. The April Zoom Connect is focused on our month's theme. The topic: Boost Them Up: Tips to Grow Multiples' Mental Wellbeing. The date: Tues., April 8, 5:30 p.m. Pacific time.

Multiples of America works with researchers across the country to address a variety of subjects that impact multiple birth children. There are currently many opportunities for you to participate. The link to these projects is located at [www.multiplesofamerica.org/hamner\\_research/](http://www.multiplesofamerica.org/hamner_research/). There will be other research projects posted. Please review and consider participating.

Finally, Multiples of America has a new partner, Mighty Little Giants. They are a non-profit serving the greater Los Angeles area supporting NICU. There was an article in February Club Helpline that shared more about their services.

## National Representative—Ellen Johnson

Please make sure you have joined the Members Only Facebook Group and like the Facebook Page. There are other Facebook Groups, including the Leadership Shreshop group for club officers to share ideas with each other. There are many posts containing great information that you can like and share. Follow Multiples of America on X, formerly known as Twitter and on Instagram!

Please remember to check out Multiple Connections, the bi-monthly news magazine, for articles and great information on parenting multiples. Also look for the Special Delivery from the President, Club Helpline, Zoom Connects and Club Connections, a bi-monthly newsletter emailed to club leaders with articles on club-related topics, leadership tips and news from Multiples of America. If you have any suggestions for a topic or story or to share pictures to include in the publications, please connect with the Media and Publications Department at [media@multiplesofamerica.org](mailto:media@multiplesofamerica.org).



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## MOA Events Committee—Linda Gris 

I am part of the fantastic events committee for the national organization. Plans are in the works for some really super fun events and tours. We are, however, in need of gift cards in order to make the convention the best it can be. Amazon cards would be amazing in any denomination. Please send them to me individually or as a club. All are deeply appreciated.

If you have any baskets or any sort of containers that can be used for raffles I would be happy to accept them at our SCMOMC Convention. If you're interested in donating towards raffles that would be greatly appreciated as well. See you in Tucson!

Linda A Gris   
MOA Events Committee

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## State Representative—Wendy Leonard



I have been in contact with NCMOTC and they are working on what will probably be their last event to be held in (possibly late) April 2025!

When I get more information I'll be sure to post on SCMOMC facebook page with all the details!

# Secret Sisters—Messages

To my SS.....thank you so much for remembering me so well. I am assuming that my pink horse shirt is from you – it's darling. Can't wait to find out who you are. Love, Carla

Carla I hope you enjoyed your Valentines Day surprise  
Your SS



Tricia Heck – Hope all is well – Happy Spring and Happy Easter. See ya in May. Your SS.

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## THANK YOU...THANK YOU...THANK YOU

I would like to take a quick moment to thank all of you, again, for all the support you have given Ken and I in the last year. As of March 16th it has been a year since Ken's Transplant. He is doing great and the Kidney is working well. It's been a long journey but we would go through it all again to save his life. I'm trying very hard to be at Convention ( no car accidents this time). I hope that I can continue to serve this wonderful organization so I can give back for all that has been given to me.

Love you ladies

Kris Berry

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## Recipe Corner

### Homemade Hamburger Helper

1.5 lbs ground turkey  
4 cloves of garlic  
1/2 yellow onion chopped  
1 lb of pasta  
5 cups veggie broth  
3 tablespoons Taco Seasoning  
2 teaspoons garlic powder  
Salt and Pepper to taste  
3 tablespoons olive oil  
4 cups shredded cheddar cheese

In a Dutch Oven:

Add olive oil to a hot pot then onion with salt and pepper. Saute a few minutes.

Add ground turkey , As it cooks add in Taco Seasoning and chopped garlic.

Once cooked through add in broth and garlic powder. Once it starts to boil add pasta.

Cook for about 11 minutes or until most liquid has dissolved.

After everything is dissolved, turn off heat and add in the cheese.

Mix to fully incorporate.

Serve with bread and Enjoy





## Nominating Chair—Conni Russell

As nominating chairman my committee and I are submitting the following 2025-2026 slate of officers.

Nominee must be present at convention and eligible to run for office.

### **President – Lorrie Seigel**

I'm Lorrie Seigel and I have been a member of Multiple Miracle Moms of OC since 1997. I have a 38 yr. old singleton (Jessica) and 27 yr. old B/G twins (Joshua & Julia). I am also the proud grandmother of Julian (10) and Nora (7). I am a retired RN (I stopped working when I had my twins). I have held just about every position with my local club and I have been attending SCMOMC Conventions/Workshops for the past 20+ years. About 9 years ago, I finally stepped up and took on my first SCMOMC Board position on the Marketing Committee. Then I went on to serve on the Scholarship Committee, Scholarship Chairman, Nominating Chairman and Insurance Liaison. I have also been the 2023 Convention Chairman. Currently, I am serving as the SCMOMC Vice President. I am also serving my first year on the Board of Directors for Multiples of America as Communications Assistant. I have enjoyed being a part of the SCMOMC Board of Directors and I am looking forward to continuing to volunteer in the years to come.

### **Vice President – Jennette Sides**

Hi there! I am Jennette Sides and I'm running for the position of Vice President. This past year I served on the Executive Board as Corresponding Secretary. I have also served within SCMOMC in the capacities of State Liaison, Convention Chair, and also currently, Editor. I, along with my wife Molly, have 15year-old B/G twins named Dylan and Devyn, a 12-year-old daughter named Sol, and 8-year-old B/G twins named Xavi and Roxi. We have been members of our local organization, Beach Cities Parents of Multiples Association (BCPMA) since we were 6 months pregnant with Dylan and Devyn. For BCPMA, I have worn many hats, filling in wherever needed. We first were introduced to SCMOMC when we attended Workshop 2014 and became immediately hooked. We haven't missed a Convention or Workshop since, even attending a month after our last twins were born! I enjoy serving on the board and helping out this organization however I can. I am so thankful for the good friends we have made within SCMOMC and all the cherished memories. I hope to be able to continue serving this great organization and all of you in the coming term.

# 2025-2026 Slate of Officers (cont'd)

## **Recording secretary – Koleen Medina**

My name is Koleen Medina, and I have been married to Tim, the love of my life, for 35 years. Together we have raised three beautiful children, Casey, age 29, a twinless twin, and boy/girl twins Christian and Corinn, who are 26 years old. I am a grandma to three wonderful grandbabies, and I have another one due in August, 2025. I homeschooled all my children, and I currently teach High School at a private school. I have been a member of a twins club since my boy/girl twins were born in 1999, first with RMOTC, MZ/DZ, and currently I am a member of Mixed Doubles. I served in numerous board positions within my local clubs, from President, to Vice President, State Representative, etc. With SCMOMC, I have served as area representative, convention chairman, workshop chairman, convention co-chair, and chaplain. If elected, I am very excited to have the opportunity to serve as Recording Secretary. This organization holds a very special place in my heart.

## **Corresponding Secretary – Kris Berry**

Hi I'm Kris Berry. I have been a member of S.C.M.O.M.C., Inc. for 44 years. I have served on the Executive Board 3 times as Recording Secretary. I have served on the Board of Directors for at least 30 years in various positions. I would like very much to serve as Corresponding Secretary this next year. I'm not done trying for this job but I'm good at losing. I have been married to my husband, Ken for 28 years in October. My kids, Shannon and Jonathan will turn 45 years old in July.

I love this organization and the women in it and will do my best to serve you all to the best of my abilities.

## **Treasurer – Vacant**

Nominations can be accepted from the floor. Resumes can still be accepted for any nomination of an elected officer. Resumes for these positions plus nominating chairman and nominating committee must be submitted to me before a nomination can be made from the floor.

I will have blank resumes on all tables at General Session. They will also be in delegate packets. The resumes for Board of Director positions must be submitted to me by the end of General Session for consideration.

I would like to thank my nominating committee Linda Gris , Justine Wakim, Kathy Magouik and Amy Zebreck for all their help and input. I would also like to thank our Parliamentarian Donna Mantanane. Donna is a wealth of knowledge that I truly appreciate her for.

Conni Russell

Nominating Chairman



## Resume for Elected and Appointed Positions

### Personal Information

Name: \_\_\_\_\_ Telephone: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City and Zip: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Cell phone: (\_\_\_\_) \_\_\_\_\_

Member in good standing (local club): \_\_\_\_\_

Date joined: \_\_\_\_\_ Current position: \_\_\_\_\_

Please indicate, in order of preference, your **1st, 2nd** and **3rd** choices for the SCMOMC, Inc., *Executive Committee* positions that you are interested in serving in. All resumes must be returned to the Nominating Committee Chairman *received/postmarked by January 10, 2025* in order to be considered for nomination, by the Nominating Committee.

President \_\_\_\_\_ Vice President \_\_\_\_\_ Recording Secretary \_\_\_\_\_

Corresponding Secretary \_\_\_\_\_ Treasurer \_\_\_\_\_

In order to be considered for a *Chairmanship or other board position*, a current resume must be on file prior to consideration for elected/appointed positions. Please number, in order of preference, your **1st, 2nd** and **3rd** choices for the positions you are interested in serving in.

**Elected:** Nominating Committee Chairman \_\_\_\_\_ Nominating Committee Member \_\_\_\_\_

### **Appointed:**

|                        |       |                                |       |
|------------------------|-------|--------------------------------|-------|
| Advisor/Past President | _____ | Scholarship Committee Chairman | _____ |
| Chaplain               | _____ | Scholarship Committee Member   | _____ |
| Convention Chair       | _____ | Special Projects               | _____ |
| Convention Co-Chair    | _____ | State Liaison                  | _____ |
| Editor                 | _____ | Support Services HOMs          | _____ |
| Historian/Memories     | _____ | Webmaster                      | _____ |
| Insurance Liaison      | _____ | Workshop Chair                 | _____ |
| Meeting Planner        | _____ | Workshop Co-Chair              | _____ |
| Parliamentarian        | _____ | National Representative        | _____ |
| President's Scrapbook  | _____ | <i>As Needed</i>               | _____ |

**\*\*By submitting this application, you are consenting to serve as a member of the  
SCMOMC, Inc. Board of Directors\*\***

Attendance at Convention is mandatory for election to the SCMOMC, Inc., Executive Committee.  
**All officers and chairmen are expected to attend all scheduled meetings of the Board of Directors.**

**Local Club Service**

Office(s) held:

Chairmanship(s) held:

**SCMOMC, Inc. Service**

Office(s) held:

Chairmanship(s) held:

**Other Qualifications and Affiliations**

**Complete and send to SCMOMC, Inc. Nominating Chairman: Conni Russell**

- via email attachment: Conni\_Russell@icloud.com
- via US Mail: 505 Verdin Drive, El Cajon, CA 92019

DATE RECEIVED by Nominating Chairman: \_\_\_\_\_

# Special Projects

Have you purchased your SCMOMC swag yet? Show your support of SCMOMC by purchasing some great logo items. Use this link [SHOP SCMOMC](#) to access the SCMOMC Bonfire store for classic SCMOMC Merch!



V-Neck Unisex Tee



Women's Slim Fit Tee



Premium Unisex Tee



Logo Mug



Logo Tote

Or if you're looking for fresh designs with or without the SCMOMC logo, click [HERE](#) to visit our Printify shop for additional items. A lot of these items are unbranded, so they make a great gift for any parent of multiples. Please share the shop link freely!



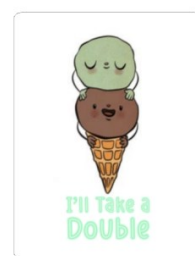
Tote Bag



Triplet Pea Sticker



Twin Pea Tank



Double Scoop Sticker



Multiply & Know Things Tee



Twin Pea Tank



I'll Take My Odds Tee