



The SUMMER 2023

Bulletin

SCMOMC 2023-2024 EXECUTIVE COMMITTEE

President

Carla Hall
Act Two MOMs
president@scmomc.org
951.743.9350

Vice President

Wendy Leonard
Saddleback MOMS
vp@scmomc.org
949.436.3360

Recording Secretary

Diana Pedersen Coe
MODD Squad
rsecretary@scmomc.org
661.547.7729

Corresponding Secretary

Lorrie Seigel
Multiple Miracle MOMS
csecretary@scmomc.org
714.504.8243

Treasurer

Terry Buchanan
MOMIES
treasurer@scmomc.org
909.702.9915

Parliamentarian

Donna Matanane
Act Two MOMs
parliamentarian@scmomc.org
760.519.2650

A Message from Our President



Welcome to the 2023-2024 SCMOMC Board of Directors. It's great to see new faces as well as returning ones. I hope you are all enjoying your summer and by the time you read this, most of the kids will be back in school.

I'm looking forward to a very productive year. And this starts with the SCMOMC Board being the hostess for the 2023 Workshop in Carlsbad. The ladies are already working hard, coming up with new and creative ideas, as well as workshops to entice you to join us for "MOMs at the Coast" on October 26th. This is all about you being a MOM!!! Please join the Facebook page and get involved however you can.

Since Workshop is a little earlier this year, please check the deadlines and let your club members know.

And thank you to those members who were able to attend "Dream Big", the Multiples of America National Convention in Orlando, Florida. SCMOMC was well represented!

A special shout out to Claudia Contreras from Temecula Valley who is the new MOA Communications & Marketing VP....3 cheers!
See y'all soon.....

Love, Carla

Vice President—Wendy Leonard

I appreciate your confidence in me, and thank you for voting me into this position of Vice President.

If any clubs need anything, contact me for any issue. If any club, or board member, has any contact info change, send me the updated information.

Please reach out to me with any issues.

I prefer emails to 4Wendy2read@gmail.com

See all of you at the October board meeting.

Any questions let me know.



Recording Secretary—Diana Pedersen Coe

I'm so looking forward to being your Recording Secretary.
We have such a great group of ladies working hard for SCMOMC.

Personally I have been getting used to living here in

Hendertucky, NV.



The weather is not much different than it is in the Antelope Valley. It's a lot drier heat and it only gets up to 115° usually in the summer.

Having fun with the grandkids 😊.



Hope to see you all at the MOMs at the COAST Workshop. It should be an enjoyable, relaxing weekend.

Diana Pedersen Coe
SCMOMC
Recording Secretary

Corresponding Secretary—Lorrie Seigel

I hope everyone has had a wonderful summer. My husband and I finally took the trip we had booked for June 2020, which obviously was cancelled. It was supposed to be a river cruise but the Elbe River did not have enough water for sailing. We did have a good time though. We visited Berlin, Prague, Krakow, and Warsaw. My favorite excursion during the trip was hiking up the Elbe Sandstone Mountains, located between Germany and the Czech Republic. It was absolutely incredible. That's me standing in front of some amazing rock formations.



I do not have any correspondence to report for now. Board members should have received their position badges at the May Convention. If you have not, please let me know. Looking forward to Moms at the COAST Workshop in October!



Treasurer—Terry Buchanan

Hello. Hope everyone had a wonderful summer, I know I did. I just spent a week in Palm Springs with my sisters and sisters-in-law, 6 of us in total.

I'll tell you a little bit about me. Although most of you know me, there are some new members that may not. I have 48 year old twin boys named Chuck and Tony. Their younger brother Kristopher is 44. They have blessed me with 7 grandchildren— 5 boys and 2 girls.

I retired in April after 27 years of working at Home Depot. I am thoroughly enjoying retirement and spending time with friends and family. I have spent some time in Arizona with my youngest 4 grandkids and have more travel on the horizon.

I have served SCMOMC in many capacities including President, Recording Secretary & Parliamentarian, I am excited and honored to serve as your Treasurer for the next year. I know it's gonna be a great year.

Any questions, let me know.

Parliamentarian—Donna Matanane

Hope everyone had a great summer!

I am once again honored to serve you and this organization as Parliamentarian for 2023-24.

I'm currently working with an ad hoc By-Law Committee to revise and resubmit the proposed amendments to our By-Laws and Standing Rules that were presented at May Convention last year. The required 30-day formal notice of all proposed amendments will be emailed out on or before September 26, 2023 to the State Reps of all member clubs. Please take/send/share with your club as your club's registered delegate will be the person to cast a vote on any proposed amendments. Voting will be conducted during general session at November Workshop.

Look forward to seeing you all at Workshop!

Donna Matanane

2023-24 Parliamentarian

Advisor/Past President



Upcoming Dates to Remember

	AUGUST 2023		SEPTEMBER 2023
11	Articles due to Editor for Bulletin	1	Scholarship Applications available online
25	First Call to Workshop 2023 emailed		Deadline for hotel reservations
30	Bulletin Emailed	26	
	OCTOBER 2023		NOVEMBER 2023
2	BOARD Meeting Notices emailed	5	Scholarship applications available
2	Bulletin deadline - Articles due to Editor		
2	DEADLINE for Workshop 2023 Registration		
23	DEADLINE for Reports to the President with copy to VP		
20	and OIC		
26-	54th ANNUAL WORKSHOP		
29	SCMOMC Board - Carlsbad		
27	SCMOMC Board Meeting @ 8:00 p.m		

2023-2024 SCMOMC Board Members

Advisor/Past President (83-85)	Diana Long
Advisor/Past President (87-89)	Kathy MaGouirk
Advisor/Past President (89-91)	Carla Hall
Advisor/Past President (96-98)	Linda Grise
Advisor/Past President (00-02)	Terry Buchanan
Advisor/Past President (02-04)	Amanda Young Rigby
Advisor/Past President (06-08)	Donna Matanane
Advisor/Past President (10-12)	Lisa Edwards
Advisor/Past President (12-15)	Laura Teague
Advisor/Past President (15-17)	Amanda Armitage
Advisor/Past President (17-19)	Melissa Lewis
Advisor/Past President (19-21)	Patricia Johnson
Nominating Chair	Ashley Matics
Nominating Committee	Kathy MaGouirk, Janet Pike Conni Russell, Gaby Sempe
Meeting Planner	Laura Teague
Meeting Planner Assistant	Judy Nguyen
2023 Workshop Chair	Laura Teague
2023 Workshop Co-Chair	Conni Russell
2024 Convention Chair	Janet Pike
2024 Convention Co-Chair	Kristin Stiles
Chaplain	Regina Voshell
National Representative	Ellen Johnson
State Liaison	Sarah Parker
Editor	Jennette Sides

2023-2024 SCMOMC Board Members

Special Projects	Justine Wakim
Webmaster	Becky Hames Leidiger
Historian	Tricia Heck
Support Services HOM	Candace Hallmark-Bozek
Insurance Liaison	Lorrie Seigel
Scholarship Chair	Diana Long
Scholarship Committee	Amanda Armitage, Veronica Brown, Angela Lin Maike Rehusch, Robyn Samuelson-Dodd
President's Scrapbook	Diana Pedersen Coe



Insurance Liaison—Lorrie Seigel

All 12 clubs participating in the Liability Insurance Policy should have received their insurance certificates by email. If you are having an event for the holidays and need a Special Event Certificate, please contact me.

See you in October!

Editor—Jennette Sides

I am excited to begin my tenure as the Bulletin Editor! Thank you to Michele Franzese Rustigan for passing the torch on to me. I believe you did a fantastic job during your stint as Editor and I am honored to follow in your footsteps.

The Bulletin is for **you, the SCMOMC Members**. If there is anything you would like to see included, please let me know. My goal is to bring you all the updated information on the SCMOMC happenings, but also share what is happening in local clubs. We can all learn from each other, so please, share what your club is doing. I am also open to anything you would like to share with the general readership. Have any special child rearing tips to pass on? Tried and true tricks? SoCal events that would pertain to our membership as a whole? Pass it on. I am open to all ideas!



Meeting Planner—Laura Teague

Greetings Mothers of Multiples!

The summer has flown by up here in Ventura County. I hope that everyone had a great summer filled with family time, travel time, good times in all possible ways!

Now it's time to mark the Fall calendar with MOM time. That all important getaway weekend to spend time with the best sisterhood a woman could have - Mothers of Multiples!



WORKSHOP OCTOBER 27-29th, 2023

"MOMs at the Coast" Hosted by your SCMOMC Board of Directors at the beautifully remodeled Hilton Garden Inn in Carlsbad.

*Carlsbad Offers Amazing Serenity Together
Imagine .. Deep breaths and calming waves are soothing your tired brains already.*

Chairwoman Laura Teague, Co-Chairwoman Conni Russell and the WS Team of volunteers have a peaceful, self-care restorative weekend planned!

Booking Link: <https://www.hilton.com/.../sanchgi-scmomc-70c01207-2915.../>

Hotel: Hilton Garden Inn Carlsbad Beach

Group Name: SCMOMC 54TH ANNUAL EVENT

Start Date: 26-October-2023

Nightly Rate: \$155 per night plus taxes and fees

Overnight Self-Parking Fee: \$18 per car

Free Wi-Fi, outdoor heated pool, and DAILY Happy Hour from 4:00-6:00pm!

Deposit Policy: Reservations must be guaranteed and accompanied by a one (1) night room deposit. Cancellations must be received 72HRS prior to arrival

Cutoff Date: September 22, 2023** Reservations must be booked on or before cutoff date**All rooms not booked will be released on cutoff date

I am excited to be working this year with Judy Nguyen as my assistant and mentoring her in the Meeting Planner position. It is an honor and a privilege to work with these amazing women and their clubs that step up each year to ensure we have events IN PERSON!

I am happy to attend any club meetings to speak to your members about attending or hosting events in the future.

Twincerealy,

Laura Teague

Workshop Chairman 23, Meeting Planner & Past President/Advisor, Vounteeraholic ;)

lkteaguervt@gmail.com

Southern California Mothers of Multiples Clubs, Inc.
invites you to attend the 54th Annual Workshop



Hosted by your Board of Directors



October 27 – 29, 2023
Hilton Garden Inn Carlsbad Beach
6450 Carlsbad Boulevard
Carlsbad, CA 92011
760-476-0800

We Need Your Help!!

Workshop 2023, MOMs at the Coast, is right around the corner! Please help us get donations for raffle baskets, table sponsors, donations, etc., to make our event a success. The letter below can be used as a solicitation tool to help. Thank you!



The Southern California Mothers of Multiples Clubs (SCMOMC), Inc. Board of Directors is proud to host the upcoming annual Southern California Mothers of Multiples Clubs, Inc. Workshop, Oct 27-29th, 2023, in Carlsbad, California. The purpose of this organization is to unite mothers of multiples clubs in Southern California to share club procedures, ideas, support, and educational information pertaining to the parenting of multiple birth children. SCMOMC is a nonprofit, EIN # 81-0816175, non-sectarian and non-commercial entity, which provides support to over 40 clubs and 250 mothers of multiples in the Southern California area, as well as Fresno and western Nevada. Much of our membership resides in the San Diego County area, and range in age from early 20's to 80 years old. This will be our 54th annual Workshop. "MOMs at the Coast"

Our local area clubs strive to support families of multiples as well as institutions that assist our children during their formative years. Our Workshop event in October, as well as our annual Convention in May, provides a greater opportunity to raise funds for our ongoing philanthropic needs, such as our college scholarship program for mothers of multiples returning to college as well as a unique scholarship opportunity for multiple birth seniors in high school. We also support families in financial need with a program called The Silver Pitcher, which addresses the needs of acute financial hardship due to parental death or disability, loss of home due to natural disasters, catastrophic medical needs, etc.

We are currently seeking workshop speakers, table sponsorship or product donation for our opportunity drawings and attendee gift bags. We expect over 100 women to attend our event. In exchange for your donation, your business name would be acknowledged during the event. In addition, we can offer you booth space/table to provide information about your business, as well as an opportunity to provide a presentation regarding your business at our general meeting on Saturday morning.

Thank you in advance for considering this opportunity to support our organization and its members. Please feel free to call me at 805-338-2385 or contact me via email at lkteaguervt@gmail.com to discuss this event in more detail.

Best regards,

Laura Teague

SCMOMC Workshop Chairman and Meeting Planner



National Convention

Six SCMOMC members attended the 2023 Multiples of America (MOA) Convention: Dream Big in Orlando (FL) on July 27- 30th. There were 115 registered convention attendees, 28 states represented, and 59 registered clubs in attendance. The MOA 2022-23 Annual Report was shared with the attendees and SCMOMC members are encouraged to review the report:

<https://tinyurl.com/MOA-2022-23-Annual-Report>

Convention activities included a Thursday night Meet Up, MOMs Mall, silent auction, raffles, workshops, lunchtime club discussion groups that covered topics such as fundraising, club programming, hybrid club activities, and communication with members; a business meeting and election of officers. A pajama dance party was held on the last evening of the event. SCMOMC members Claudia Contreras, Carla Hall, and Linda Grise assisted with convention planning, leadership and assistance.

The venue, Drury Inn and Suites near the Disney parks, was ideal for the event, as breakfast and an evening "Kickback" were included daily. There was also a free shuttle to and from the Disney properties. The site for next year's convention hasn't been confirmed as of yet, but two possible host states are being considered: Kentucky and Minnesota. For more information regarding Multiples of America, visit: multiplesofamerica.org.

Submitted by Becky Hames, MUMMs of San Diego



National Representative—Ellen Johnson

Greetings from your 2023 – 2024 National Representative. I am a member of Westside Mothers of Twins Club. I am a twin, but I do not have multiples. My mother, Bonnie Johnson, was President of (then) SCMOTC in 1993, elected at the 25th Anniversary. I have one son, Guy, age 12 who is in 7th grade. I have been my club's State and National Rep for the past several years.

Here is the news about Multiples of America.

After three years of Virtual Summits, Multiples of America conducted its in person Convention in Orlando, FL, with the theme of Dream Big. **Six SCMOMC members attended.**

The 2023-2024 Board of Directors are:

President – Mary Adcock – Hutchinson Area Mothers of Multiples (KS), Flamingo MOMs (FL), Mountain States Mothers of Adult Multiples (AZ)

Communications & Marketing VP – Claudia Contreras, Temecula Valley Mothers of Multiples (CA)

Media & Publications VP – Sara Barr, Multiples of the Midlands (SC)

Finance VP – Missy Khan, Northwest Houston Mothers of Multiples (TX)

Research & Membership VP – Gwen Shogren, Multiple Blessings (OK), OOMPA (PA), Mountain States Mothers of Adult Multiples (AZ)

Events VP – Kim Simonich, Greater Nashua Parents of Twins and More (NH)

Advisor – Terri Gillis, Greater Orlando Mothers of Twins and Triplets (FL), Flamingo MOMs (FL)

Parliamentarian – Kim England, GEMS Mothers of Older Twins (SC)

Executive Director – Dawn Keller

Congratulations to the new Board of Directors, with special acknowledgment to our very own Claudia Contreras, member of Temecula Valley Moms of Multiples!

The Annual Report was presented and is available to all members through the Members Only Section of the Multiples of America Website, www.multiplesofamerica.org.

The Marge Ainsworth Scholarship will be accepting applications for the 2024 award. This scholarship is available to children of current members or a parent who is a current member. Applications can be found in the Members Only Section of the Multiples of America website, located at www.multiplesofamerica.org at the bottom of the home page. Applications are due February 1, 2024.

National Representative—Ellen Johnson (cont'd)

Multiples of America dues are due by September 30, 2023, so make sure those dues are in or there will be a late fee. Multiples of America has streamlined the renewal process and an email was sent to club presidents and national representatives with the link. Please remember that dues for all members must be submitted to remain in good standing and to be eligible for the benefits of membership, including scholarship and private Facebook groups. As you add members to your club, please remember to update Multiples of America and pay the dues for new members so they are eligible for the benefits.

Multiples of America provides support for all its member clubs, including maintaining a 501(c)(3) non-profit status under the national umbrella and group exceptions, if your club elected to participate. Parliamentary services are also available to help your club with any issues. In addition, bereavement support is also available to help members through the loss of a loved one. Inquires can be directed to the Executive Office at info@multiplesofamerica.org.

Please share your club newsletters and photos with the Media & Publication VP. It is great to share what your club is doing with the members across the nation.

Multiples of America is planning on an in person convention in 2024 and hope to announce the dates and location in October.

Mary Adcock, Multiples of America President, plans to attend the SCMOMC Fall Workshop this year and she will have more information to share about Multiples of America, so make sure you attend Workshop so you can get the information and have the chance to meet Mary and ask questions.

Finally, let's recognize our SCMOMC members who are also National Workers:

Claudia Contreras, Temecula Valley Moms of Multiples, Communications & Marketing VP (she deserves a second round of acknowledgement)

Carla Hall, Act Two Moms, Bereavement Support

Linda Gris , Act Two Moms – Events Department



Local Club News

TVMOMS had a summer party at Claudia's house. The kids had a great time at Claudia's, she was a great host and the kids did not want to go home. Great memories! We cannot wait for our next event. (submitted by Janet Pike)



TVMOMs Summer Splash Party

Local Member Club Spotlight

Each Bulletin, I'd like to spotlight one of our member clubs that make SCMOMC so great. Our inaugural club is MODD Squad. Thank you to Diana Pedersen Coe for the brief history of the MODD Squad and the great throw-back picture!

Editor—Jennette Sides

In 1995, MODD Squad (Mothers of Double Digits) was established.

We broke off from the Antelope Valley MOTC because all of our twins were over the age of 10 and we decided to explore the new adventures of our kids getting older.

Our founding members were President Diana Pedersen Coe, VP Donna Ryan, Treasurer Candy Hallmark, and Secretary Tricia Heck.

We lost our VP Donna in 2013.

We have never missed an SCMOTC/SCMOMC Workshop or Convention save 1. That makes 56 events 🥰

Our activities include the Annual MS walk held in April. We have our favorite craft time, Christmas in July each year.

Attending our local Minor League baseball team The Jethawks.

We have hosted 5 Workshops and Conventions:

Co hosted Workshop Galaxy Getaway in 1997,
Hosted Convention 2001, "2001 - A Sweet Odyssey"
Convention 2005 Under The Sea,
Workshop 2008 Back In Time and
Workshop 2016 Home Sweet Home.

Lasting friendships for 37

years..... 😊 😎



Future Gatherings

CONVENTION 2024

Mark your calendars for the last weekend in April to head to Temecula! More info to follow..



NORTHERN CALIFORNIA

Save the Date:

NCA FALL ZOOM MEETING

"Zooming Around California"

November 3-4, 2023

More Details to TBA!!

WORKSHOP 2024 10/24-10/27th OCMOMs invite you back to the beautiful Crowne Plaza Costa Mesa.

Recipe Corner

Have a favorite recipe to share? Send it my way!

Yellow Curry Chicken (submitted by Diana Pedersen Coe)



1.5lbs chicken (white or dark) cubed
1 yellow onion
4 cloves of garlic, finely chopped
2-3 carrots chopped in circles
2 potatoes cubed
.5C frozen peas
Cilantro

Coconut Oil
3 Tbs Yellow Curry Seasoning
1 tsp Paprika
1 tsp Turmeric
1 tsp Ginger
Salt and pepper to taste

In a large pan, cook onion, garlic, and chicken in coconut oil. Season with your heart.
In separate pan cook up carrots and potatoes until softened. Also season with your heart.
Combine carrots and potatoes with chicken.
Add frozen peas last for about 3 minutes.
Top with cilantro
Serve with rice.

Special Projects

Have you purchased your SCMOMC swag yet? Show your support of SCMOMC by purchasing some great items. Use this link [SHOP SCMOMC](#) to access the SCMOMC store and order your merch today!



V-Neck Unisex Tee



Women's Slim Fit Tee



Premium Unisex Tee



Logo Mug



Logo Tote

Support Our Members

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Don't hesitate to reach out with special requests!



Gaby Sempé
714-914-2208
bluebobbinnelle@gmail.com

Kris Berry gma3syob@gmail.com



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