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SCMOMC 2020-2021 EXECUTIVE BOARD

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The Winter 2020

Bulletin

Winter time is for me.

Winter time is full of light,
Winter time is big and bright,
Winter time is full of fun,
Winter time has lots of sun,
Winter time is full of fruits,
Winter time is time to be free,
that's why Winter time is for me.

Mahfooz Ali

We have passed a milestone. We have 1,094 members in
our SCMOMC Facebook Group

[Click here to join!!](#)

PRESIDENT'S MESSAGE - Patricia Johnson, President

Happy Holidays Everyone!

I hope everyone is doing well and had an enjoyable Thanksgiving with your families, in spite of COVID. One thing is for sure, I am finding new ways to keep my family engaged and we have been enjoying our time together at home. My husband is an essential worker, but he was able to finally use 3 weeks of vacation over Thanksgiving. It was great having him home. The kids have been busy with board games and we are about to start decorating for Christmas. It's not the same as before, but we're going to make the most of it. It has also gotten down to about 28 degrees at night here in the High Desert so we've been enjoying hanging out in our pajamas and buried under blankets.



However, I am writing this on the eve of another shut-down and stay-at-home order. After almost 9 months of this, I have to keep telling myself that I have a roof over my head, food on the table, my husband has a job, and my family is healthy right now. It's even more important to take into account our mental health because we all know that we often take on too much as parents. At times, I struggle with this myself because it seems like there is no end in sight. But I am thankful that technology has allowed us to stay in touch and I really enjoy seeing all of your pictures and updates. Social media has its cons, but it definitely helps us keep our community of multiple parents going!

Speaking of which, I want to thank you for your "2020-The Year That Wasn't" commemorative disc orders and donations to our SCMOMC Scholarship fund. Even though we can't meet in person yet-the need is still there to support our students. I'm not quite sure what next year will bring, but I plan on checking in after Christmas so we can have another virtual board meeting. I invite all club reps and presidents to join on the Zoom call to keep updated with SCMOMC. The board is still busy behind the scenes with several projects. Have a safe and happy Christmas and New Year and I am sending hugs and love to all of my multiple mom tribe!

Hugs,

Patricia Johnson, SCMOMC President

president@scmomc.org

Recording Secretary – Carla Hall

The minutes of our September Zoom Board meeting were sent to the President. And thank you to Terry, Jenny, Kris and Diana for taking minutes. Especially under the circumstances of today's lifestyles, I wish you all the happiest of holidays and look forward to a better New Year. Remember to stay in touch with your family and friends and don't forget to reach out to your club members, even if you don't know them that well. It could be a lifechanging connection.

Holiday Pumpkin Bread

Yield: 3 loaves

Ingredients

3 cups white sugar
4 eggs
 $\frac{2}{3}$ cup water
2 teaspoons baking soda
1 teaspoon baking powder
1 teaspoon ground allspice
3 $\frac{1}{2}$ cups all-purpose flour
2 teaspoons salt
1 teaspoon ground nutmeg
1 teaspoon ground cinnamon
 $\frac{1}{2}$ teaspoon ground cloves
1 (15 ounce) can pumpkin puree
1 cup chopped walnuts
1 cup raisins
1 cup vegetable oil



Directions

Preheat oven to 350 degrees F (175 degrees C). Grease and flour three 7 x 3-inch loaf pans. Mix oil, sugar, and eggs together in a large bowl. Mix in pumpkin puree and water. Stir together flour, soda, baking powder, salt, and spices. Add to the pumpkin mixture, and mix until just combined. Stir in nuts and raisins. Divide batter into prepared pans. Bake for 1 hour. Cool on wire racks.

Recipe from Diana Pedersen-Coe

MEETING PLANNER - LAURA TEAGUE

Greetings Mothers of Multiples!

HERE ARE EVENTS TO LOOK FORWARD TO!

Stay Healthy and well MOMs this Holiday Season!

Convention APRIL 30-MAY 3rd, 2021 "ROYAL EXTRAVAGANZA"

Hosted by Beach Cities Parents of Multiples Association- Chairman- Jennette Tardio Sides and Co-Chair Alissa Pappadake at the Beautiful Ayres Hotel in Manhattan Beach. \$120.00 SDTQ, free parking, Free Wi-Fi, huge double queen rooms for all of you to be treated like the queens that you are!

Right off the 405 Freeway and Tons of shopping right nearby!
Look for the SCMOMC 2020 Convention Facebook page for ongoing updates.

WORKSHOP NOVEMBER 5-7, 2021 Tentative Title To BE Decided

Temecula Valley Mothers of Multiples. Chairman Ashley Matics and co chairman Bethlene Wozniak.

NOW is the perfect time for a MOM to volunteer for the Meeting Planner position and work with these amazing clubs to find our future locations. Please submit a resume online at scmomc.org ASAP as a new Meeting Planner will be selected in May. I have thoroughly enjoyed learning about the hotel industry and working with all the amazing clubs we have in this organization. I am eager to start mentoring any mom that would like to shadow me during the upcoming months as we support these awesome clubs that have volunteered their time to host our events.

I am happy to attend any club meetings to speak to your members about hosting future events.

Laura Teague

Meeting Planner & Past President/Advisor

lkteaguervt@gmail.com

Chaplain – Barbara Lawlor

Let me be one of the first to wish you a

Merry Christmas and a Happy New Year!!

Here we are, embarking on another adventure. What will 2021 bring us? That's what you hear everyone saying with so much worry in their voices; I say... **STOP IT!!!!** Now's the time to be thankful for what we have. Yes, times are tough and we do things a little differently, but we keep doing them. So, what if my granddaughters in Colorado can't hug me; I still get a good laugh and a warm feeling when I Facetime them and they stick their tongues out at me and make goofy faces! Please, enjoy every moment!



Christmas is just around the corner and a wonderful time to think of your Secret Sister. I've had a few responses to the email I sent to everyone saying what Secret Sisters do. This year's group may be small, but it will be fun!!! If you're interested and didn't get around to responding, just email me and I'll send you the form again. mblawlor@hotmail.com



SPECIAL THANKS

To my Secret Sister – Michele Rustigan.....Hope you enjoyed the few things I was able to send...I have more stuff (but it's breakable), so when you move back to CA, I will get it to you. Hope you have a very Merry Christmas and a Happy New Year.

Love ya, Carla

Tricia Heck.....just found out you were my SS...I can't thank you enough....loved everything....didn't want to put my turkey away, so I have hung some ornaments on it as well as hung the other ornaments up. I use my BIG scarf as a wrap around when I run down the hall....and my " family" sign is in my window so everyone can see, especially when on a zoom call. I can't thank you enough for all you have done...it is truly appreciated. Merry Christmas and Happy New Year. Love, Carla

NATIONAL REPRESENTATIVE – DIANA LONG

The Multiples of America National Convention Committee is hoping for our annual convention to go forward in 2021. Our National Board of Directors is meeting the end of January 2021 and will be discussing our options.

If it is a GO, it will be held in San Antonio, Texas, on July 28 - Aug 1, 2021, at the St. Anthony Hotel (Marriott).

Several of us are planning to attend and would love to have you join us. Email me with any questions @ twodiana@yahoo.com

Keep your fingers crossed that we will have COVID-19 under control, so that we can get back to our schedules and lives.

I pray for all of our safety and send my love to all of you. I miss you....

Diana Long
National Rep

SPECIAL PROJECTS – KRIS BERRY

HAPPY HOLIDAYS MOMs

By the time you receive this bulletin, the disks are ordered. Thank you to those of you who ordered them and help raise money for Scholarship. Remember that donations can be made at any time.

As the picture shows, I received a sample of a T Shirt that we maybe can sell on line. This is not confirmed. But I'm sure there are a few of you that like the idea of a purple shirt!! And Veronica B., it's a V-neck. But, more about that later. I would still love to hear from the membership as to items you might like to see for sell at Conventions and Workshops. What you would get to remember that great weekend you spent with your besties? Maybe inspire your club to bring more gals for a weekend of support, learning and FUN!!!!

I can't stress enough the love and support of this great group of women. I know you can go online and get the answers quickly to your questions on raising multiples, but.....you can't get that hug from another MOM that was just up all night, last week, with the same problem. Or, that older MOM that knows a trick that most MOMs don't use anymore but does the trick and sets your mind at ease.

Maybe you want to know more about how this organization works and believe me things are always changing! Go sit next to Carla Hall, she can explain it all!! (You know you can Carla!!!) Please Ladies, come join us! This is the best way to Support a wide variety of Charities to help children and families, give support your fellow MOMs and have FUN-FUN-FUN.

I hope to see ALL of you soon!!! Big Hugs to ALL of you and see you in April.

Kris Berry
Special Projects



“Up, Up, and Away”

Come November 5, 2021 I hope you will be “Up, Up, and Away” with me and all your fellow moms. Enjoy three days away at the beautiful Pala Mesa resort and spa for an affordable \$119 for single double triple or quad room. All rooms will have been re-decorated and brought up to today's standards. Temecula Valley moms are planning a wonderful weekend for everyone.

You do not want to be that one mom that had to hear about all our together fun by being at home. You have had time to save and if you haven't saved yet save now. “Up, Up and Away” it's going to be one fabulous weekend you won't want to miss. See you there!

Linda Gris 
Meeting planner 11/21

**CONGRATULATIONS TO
SADDLEBACK MOTHERS OF
MULTIPLES CLUB ON THEIR
50TH ANNIVERSARY**

**THEY CELEBRATED ON
NOVEMBER 8 WITH A
VIRTUAL PARTY**

SCHOLARSHIP CHAIRMAN GABY SEMPE



Hi everyone,

This has been a very challenging year for sure, and I bet I'm not alone in the fact that my multitasking title just earned a few more badges.

Virtual schooling with 4 kids is something I was dreading from the beginning. I still do not like it one bit; the constant struggle of getting the twins (2nd grade) to actually do the work without me being attached to the computer with them and juggling three different grade schedules is awful. My 6th grader is missing out on the whole experience of the last year of elementary, and my high school freshman hasn't even been able to get to meet his new classmates or campus.

Nevertheless, I am quite grateful to be able to stay home and help them out, and especially to keep them safe and healthy. Hats off to you moms who work outside the home and everything else you do!

My small embroidery business has suffered, especially since it's been just a little over a year since I started. Finding bits of time here and there, I've shifted focus for now and have been sewing lots of masks. I find it fascinating how we can adapt to new situations and find unexpected paths even in uncertain times.

With all the changes and social distancing, Halloween was quite different this time around. We have been doing a little block party for

a couple of years now and since this time it was not an option, my husband suggested we should do a version of haunted house just for us. There was a lot of preparation involved, and we added homemade carnival games on our patio and a scavenger hunt. I did not expect all their genuine excitement and involvement in the activities, especially from my teenager. The next day they all said it's been the best Halloween ever and are requesting something similar for Christmas, since again, it'll only be the six of us.

Before closing, on behalf of the Scholarship Committee, I want to give a big shout out and thank San Diego Mothers of Multiples Club for their generous donation! Their club disbanded and they wanted to donate their remaining funds to the SCMOMC scholarship fund.

Thank you as well to the Clubs and members who have sent in their donations and extra contributions with the 2020 badge purchases.

Happy holidays and stay safe!

Gaby Sempe

Scholarship Chair



DATES TO REMEMBER

JANUARY 2021

- 4 • DEADLINE Reports due to President and copy to VP and OIC
- 6 • DEADLINE Resumes to Nominating Chairman for Elected Officers
- 18 • SCMOMC Board Meeting @ 9:30 a.m.

FEBRUARY 2021

- 4 • DEADLINE Scholarship Applications
- 4 • DEADLINE – Proposed Amendments to Bylaws & Procedures mailed to Parliamentarian
- 24 • BULLETIN Deadline Articles Due to Editor
- 28 • DUES Renewal Notices Mailed

MARCH 2021

- 6 • BULLETIN Emailed
- 6 • FIRST CALL for Convention 2021