



**SCMOMC 2022-2023
EXECUTIVE BOARD**

President

Carla Hall
Act Two MOMs
president@scmomc.org
951-743-9350

Vice President

Terry Buchanan
MOMIES
vp@scmomc.org
909-702-9915

Recording Secretary

Angie Dargavage
Orange Coast MOMs
rsecretary@scmomc.org
562-896-3138

Corresponding Secretary

Diana Pedersen-Coe
MODD Squad
csecretary@scmomc.org
661-547-7729

Treasurer

Wendy Leonard
Saddleback MOMs
treasurer@scmomc.org
949-768-4158

Parliamentarian

Donna Matanane
Act Two MOMs
parliamentarian@scmomc.org
760-519-2650

The Summer/Fall 2022 issue of THE

Bulletin



PRESIDENT'S MESSAGE – Carla Hall, President



With almost 4 months under our belt, we are on a roll. I would like to take this opportunity to say thank you to all the volunteers that took positions for this year. It's great to see new faces and those that haven't been on the Board for a while. You are all truly appreciated...and it's you and the time you give that keeps SCMOMC going.

A special thank you to Beach Cities Parents of Multiples for the "The Royal Extravaganza".....which was held in Manhattan Beach at the end of April. A lot of hard work (after having been put on hold for so long) made this Convention a memorable one. We truly appreciate the fact that we were all treated like Queens for the weekend!

Thank you to those that attended the Zoom Board meeting in June. By using this format, those that live out of state were able to participate.

And we now have a hostess club for the November Workshop. A big thank you to Orange Coast Mothers of Multiples who stepped up on short notice to take over the helm and invite us to join them for Solid Gold MOMS!. Chairman, Judy Nguyen and Co-Chairman, Jennifer Payne have already been working hard...you need to join their Facebook page so that you know what's going on. So, make your plans now to join us at the Ayres Hotel in Costa Mesa – November 4 – 6, 2022. You can already make hotel reservations. First call is available now. Get your 70's clothing together and prepare to have the time of your life!!!

Again, I look forward to seeing y'all in November....let's see which club can bring the most members!

Love, Carla
SCMOMC President
951-743-9350

A special thank you to Laura Teague, our fantastic Meeting Planner who has made numerous trips from Ventura to Costa Mesa to ensure that we have a groovy time! You are very much appreciated.

SCMOMC Facebook Group currently has
1,101 members

[Click here to join!!](#)



VICE-PRESIDENT – Terry Buchanan

I don't know about any of you but I am ready for fall. I am looking forward to cooler weather, the change of the leaves, Workshop and spending time with my Multiple Mom friends.

I am finalizing the club listing and shall have it ready for you before November.

See you in Costa Mesa.

Terry Buchanan
Vice President



**INSURANCE LIAISON –
LORRIE SEIGEL**

Hello! I am your new Insurance Liaison this year. I am the State/National Rep for Multiple Miracle Moms of Orange County.

Thank you to those clubs for quickly responding to my request for your club's information for renewal. It all went smoothly and we are set until next year. If your club needs an extra insurance certificate for a location that requires one, please contact me at lorrie3264@gmail.com.

NOMINATING CHAIRMAN-AMANDA ARMITAGE

Hi there! I thought I would take this opportunity to share a little bit about myself for those of you who might not know me. I am married and we live in Ventura with our fraternal twin boys, Jack and Luke, who are 16 years old and going to be Juniors this year. I just got chills writing that! JUNIORS!? What happened to those babies who ran up to me shouting "I did it!" when they did their first forward roll in gym class or "Hi Mommy" riding up to me on their tricycle? Now it's hard to type through the tears, oy! 😭

When our boys were just turning one I found the Ventura Mothers of Multiples Club. I didn't realize how isolated I felt until I met those wonderful women! Truly saved my soul in so many ways. Then I started volunteering on its board, first Sunshine (sending cards to members), then 2nd VP and Membership, Vice President, and President. Around that time, I also started volunteering my time to SCMOMC. I started out as a District Reporter with my still roomie Melissa Lewis, then Insurance Liaison, Corresponding Secretary, Vice President (for my sister from another Mother Laura Teague) and then President.



Life stepped in and threw me some curveballs and I had to take a break from a lot of volunteering but I'm back now as your Nominating Chairman. What is that?! Well I oversee the Nominating Committee which works on nominating the candidates for the SCMOMC Officers. The Officers are the lovely ladies that sit up at the front table at Workshops and Conventions. 😊

There are other board positions though that aren't elected. We accept resumes throughout the year for ALL club positions. Have you felt the urge to jump in and help out? On the next two pages there is a resume form. Look it over and see if any of the positions speak to you. You can mark more than one if you can't make up your mind or mark "As Needed". You will never be thrown in the deep end alone! We are all here to support each other. Believe me, I am NO INSURANCE guru. 🙅 But I was given a ton of support and guidance along the way and I was able to do it and learn a little about liability insurance along the way. 😊

Hope all of you have THE BEST Fall and see you in November in Costa Mesa!

Best,
Amanda



Resume for Elected and Appointed Positions

Personal Information

Name: _____ Telephone: ____ (____) _____

Address: _____ City and Zip: _____

E-mail address: _____ Cell phone: ____ (____) _____

Member in good standing (local club): _____

Date joined: _____ Current position: _____

Please indicate, in order of preference, your first, second and third choices for the SCMOMC, Inc., Executive Board positions that you are interested in serving in. All resumes must be returned to the Nominating Committee Chairman **postmarked no later than January 15, 2023**, in order to be considered for nomination, by the Nominating Committee.

President _____ Vice President _____ Recording Secretary _____

Corresponding Secretary _____ Treasurer _____ Parliamentarian _____ (appointed)

In order to be considered for a Chairmanship or other board position, a current resume must be on file prior to consideration for elected/appointed positions. Please number, in order of preference, your first, second and third choices for the positions you are interested in serving in.

Elected: Nominating Chairman _____ Nominating Committee _____

Appointed:

Advisor/Past President	_____	Scholarship Chairman	_____
Chaplain	_____	Scholarship Committee	_____
Convention Chair	_____	Special Projects	_____
Convention Co-Chair	_____	State Liaison	_____
Marketing Chairman	_____	Support Services HOMs	_____
Marketing Committee	_____	Webmaster	_____
Editor	_____	Workshop Chair	_____
Historian	_____	Workshop Co-Chair	_____
Insurance Liaison	_____	National Representative	_____
Meeting Planner	_____	As Needed	_____

**By submitting this application, you are consenting to serve
as a member of the Board of Directors**

Attendance at the May Convention is mandatory for election to the SCMOMC, Inc., Executive Board.

All officers and chairmen are expected to attend all scheduled meetings of the Board of Directors.

I AGREE TO SERVE AS AN OFFICER OF THE SCMOMC, INC. YES _____ NO _____

I AGREE TO SERVE AS A CHAIRMAN OF THE SCMOMC, INC. YES _____ NO _____

Local Club Service

Office(s) held:

Chairmanship(s) held:

SCMOMC, Inc., Service

Office(s) held:

Chairmanship(s) held:

Other Qualifications and Affiliations

Save as a PDF and send to 22-23 SCMOTC Nominating Chairman Amanda Armitage

- via email attachment: amanda.armitage@gmail.com
- via US Mail: 806 Medford Place, Ventura, CA 93004

DATE RECEIVED by Nominating Chairman: _____

Recording Secretary – Angie Dargavage

Hello MOMs,

I hope everyone had a great summer, I really enjoyed spending time with friends and family. Dylan and Jason are back at University of Florida for their Junior year and they are working really hard in band camp. The Band Director also announced that the UF band was invited to Ireland during their St. Patrick's Day Celebrations! What an honor! Bridget started her freshman year at Florida Gulf Coast University in Ft. Myers, she is adjusting really well and is enjoying making new friends.

Frankie and I are now empty nesters or as one of my friends said honeymooners! My house has never been so clean!!

A special thank you to Beach Cities for hosting "Royal Extravaganza", it was worth the wait!! I had so much fun and as always it was fun to see all of my friends.

I did not expect to be your recording secretary again after moving 3000 miles away to Florida, but I am happy and proud to help out this organization that I love. I look forward to seeing you all at "Solid Gold MOMs"!

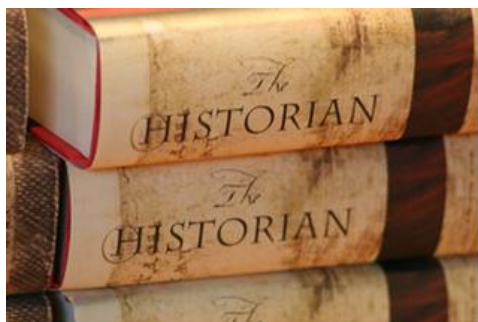
Warm Regards,

Angie Dargavage



HISTORIAN – TRICIA HECK

I just wanted to say thank you for all the new - old information you have given me regarding the scholarship recipients.



If you have any pictures of past installations I would appreciate it very much if you could send them to me.

We are still scanning as much as we have into a flash drive to give to Victoria for the new website.

Hope to see you all in November
Thanks Again
Tricia Heck
SCMOMC Historian

Corresponding Secretary – Diana Pedersen-Coe



Hello Ladies,

I hope you have had the opportunity to stay cool at some point this summer.

I have been going through all the 50 years of memories and pictures in several tubs and boxes in this house and our shed.

You just don't realize how much can accumulate over the years.

When we move to our new place in Nevada we only need to take a few items of furniture and personal things. Like my crafts and projects and my husband's airplanes and drones. Everything else has to be donated or thrown away.

My daughter Virginia and family are building onto their home for us to live out our time there with them.

I am also going to be a grandmother again in November. When Yvette Lynn is born my count will be 4 boys and 2 girls.. 😊

Meantime on to SCMOMC business..

Since we had our installation in May we did not get the chance to gather and then re-hand out our position badges. I have an email ready to send out to see who has their badge for their current positions. PLEASE respond to it so I can keep a count of what is where.

Also, if you would like to order your name swinger to go on your badge, let me know asap.

Looking forward to being a Solid Gold Mom in November. See you there.

Diana Pedersen Coe
SCMOMC Corresponding Secretary
moddsquad95@gmail.com

PARLIAMENTARIAN – DONNA MATANANE



Greetings!

Hope this finds everyone doing well. I am honored to have been asked once again to serve you and this organization as Parliamentarian. We have had two successful “in-person” events and am hopeful that attendance continues to increase at future events. Our Meeting Planner and members of the host club work hard to bring you a workshop or convention that is fun and informative. Having you attend helps support their efforts and helps to keep this great organization going. Where else can you meet and establish new friendships with other “Moms” that share this special connection?

On the business side, an up-to-date version of our SCMOMC Procedure Manual will be available for download via our website soon. I’m also working on updates to our By-Laws. The proposed amendments will be sent out to our current Board of Directors members for final input. Formal notice of the proposed amendments will be emailed out to all member club State Reps to take/send/share with their club members. Voting on the proposed amendments will be conducted during general session at November Workshop.

Look forward to seeing you all at Workshop!

Donna Matanane

2022-23 Parliamentarian

Advisor/Past President

National Representative – Ellen Johnson

Hello, I am Ellen Johnson, your National Representative for this term. I am a member of Westside Mothers of Twins Club. I am a twin, but I do not have multiples. My mother, Bonnie Johnson, was President of (then) SCMOTC in 1993, elected at the 25th Anniversary. I have one son, Guy, age 11 who just started Middle School.

I have been my club’s State and National Rep for the past several years. While this is my first time being a part of the State Board of Directors, I have extensive experience as a National Worker. Currently, I began my national service on the EDGE Committee for six years. Then I was the Education Chairman for two years, Education Vice President for two years and Executive Vice President for two years. Currently, I am in the third year of a three-year appointment for the EDGE Committee. But enough about me and on to letting you know what is happening in Multiples of America.

Multiples of America conducted its Virtual Summit July 29 – 30, 2022. The newly elected officers are:

President – Mary Adcock

Communications & Marketing VP – Claudia Contreras

Media & Publications VP – Anna Jones

Finance VP – Amy Bredemeyer

Research & Membership VP – Gwen Shogren

Events VP – Kim Simonich

Congratulations to the new Executive Committee, with special acknowledgment to our very own Claudia Contreras, member of Temecula Valley Moms of Multiples!

The Annual Report was presented and is available to all members through the Members Only Section of the Multiples of America Website, www.multiplesofamerica.org.

The Marge Ainsworth Scholarship will be accepting applications for the 2023 award. This scholarship is available to children of current members or a parent who is a current member. Applications can be found in the Members Only Section of the Multiples of America website, located at www.multiplesofamerica.org at the bottom of the home page. Applications are due February 1, 2023.

You Multiples of America dues were due by September 30, 2022, so if you have not renewed yet, there will be a late fee. Please remember that dues for all members must be submitted to remain in good standing and to be eligible for the benefits of membership, including scholarship and private Facebook groups. As you add members to your club, please remember to update Multiples of America and pay the dues for new members so they are eligible for the benefits.

Multiples of America provides support for all its member clubs, including maintaining a 501(c)(3) non-profit status under the national umbrella and group exceptions, if your club elected to participate. Parliamentary services are also available to help your club with any issues. In addition, bereavement support is also available to help members through the loss of a loved one. Inquires can be directed to the Executive Office at info@multiplesofamerica.org.

Please share your club newsletters and photos with the Media & Publication VP. It is great to share what your club is doing with the members across the nation.

Finally, let's recognize our SCMOMC members who are also National Workers:

Claudia Contreras, Temecula Valley Moms of Multiples, Communications & Marketing VP (she deserves a second round of acknowledgement)

Carla Hall, Act Two Moms, Bereavement Support

Linda Gris , Act Two Moms – Events Department

Sandra Harber, West Los Angeles Parents of Multiples – Research & Membership Department Assistant

Ellen Johnson, Westside Mothers of Twins Club, EDGE Committee

HIGHER ORDER MULTIPLES-CANDACE HALLMARK-BOZEK

Hi everyone I so hope you are having a great Summer. My oldest twin Tara took her family, Kevin, Ella, Twins Scarlett and Gracie, Bristol and myself to see her Twin Becky and Husband in Northern Italy. We stayed 2 weeks and visited Grado, a resort city on the Adriatic, the Dolomites mountains, and a train ride to Venice. Also rode our bikes to the adjoining village to get a pizza, and watch a rival soccer match. Went to the local castle where Roberto and Becky were married 3 years ago and had a private tour. Our flights went well, no delays or cancellations.

Hope all of you with multiple multiples are coping thru the summer. My parents would come with me to the Mall as I needed two strollers and as the children got older they provided more hands and eyes to watch them. My Dad was always afraid that someone would want to take them, so he built a wagon out of wood painted it red and stenciled "TWIN WAGON" on the side and it fit all four. We were a hit.

Helpful Hints for all moms - a Tupperware with small damp wash cloth to clean messy hands and faces, and Cheerios were the mainstay as they did not roll off of the highchair tray. When we went to a restaurant I had to count the highchairs because I always needed two and if a restaurant only had one that would not do. As I had to buy four pairs of shoes at one time, I would drop by the shoe store on my way home from work and look at the styles and sizes because I did not want to walk out of the store with only three kids with shoes. I would also negotiate a discount if I bought four pair. Salt water sandals were my favorite as they last all summer even if you get them wet and they are good hand me downs.

Ciao to all and did I tell you I love you

STATE LIAISON - JENNETTE SIDES

Hello SCMOMC Moms!

The Fall meeting of the NCAMOTC is quickly approaching. See the attached link for all the information on how to register. This year it is being held in Reno, Nevada. What a great Fall getaway!

<https://drive.google.com/file/d/1LSrP14rPwcjBnGf0wrgp19TFoF3uyk82/view?usp=drivesdk>

PRESIDENT'S SCRAPBOOK



Hello there MOMs,

Please keep those memorable pictures coming in of our President Carla.

If you have any from the Workshop 2021 and/or Convention 2022 or even memories from the past is fine. Email them to me at Gingerblue0909@gmail.com

Thank you so much.
Diana Pedersen Coe
President's Scrapbook
moddsquad95@gmail.com

SISTER TO SISTER THANK YOU

Dear Secret Sister from last year, You never revealed? Who are you? – Kris Berry

MEETING PLANNER-LAURA TEAGUE

Greetings Mothers of Multiples!

The summer has flown by up here in Ventura County. I hope that everyone had a great summer filled with family time, travel time, good times in all possible ways!

Now it's time to mark the Fall calendar with MOM time. That all important getaway weekend to spend time with the best sisterhood a woman could have- Mothers of Multiples!



WORKSHOP NOVEMBER 4-6, 2022

"Solid Gold MOMs" Hosted by Orange Coast Mothers of Multiples

Can you dig it?

Chairwoman Judy Nguyen and Co-Chairwoman Jennifer Payne have a radical weekend planned! Whether you were a toddler, a teen, a foxy mama or just a twinkle in somebody's eye during the 1970's, you will want to do me a solid and join us for lots of chillaxin at the Beautiful and Nifty Ayres Hotel in Costa Mesa. \$129.00 room rate, free parking, free Wi-Fi, outdoor heated pool and DAILY Happy Hour from 3:30-6:30 PM!

Catch you on the flip side!!

CONVENTION 2023 Where will we be???

Looking for Hosting Club and location.... Open to any and all ideas :)

NOW is the perfect time for a MOM to volunteer for the Meeting Planner position and work with these amazing clubs to find our future locations. Please submit a resume online at scmomc.org ASAP as a new Meeting Planner will be selected in May 2023. I have thoroughly enjoyed learning about the hotel industry and working with all the amazing clubs we have in this organization. I am eager to start mentoring any mom that would like to shadow me during the upcoming months as we support these awesome clubs that have volunteered their time to host our events.

I am happy to attend any club meetings to speak to your members about hosting future events.

Laura Teague

Meeting Planner & Past President/Advisor

lkteaguervt@gmail.com

SCHOLARSHIP-GABY SEMPE

Hi ladies,

I hope everyone is well and had a good summer. It feels like in a blink of an eye Fall is almost upon us, if only the heat would relent. I wasn't really built for California weather and this time of year I really miss Montreal cooling down and all the beautiful color changes all around.

There is not much to report at this time from the Scholarship Committee, but I want to take the opportunity to once again thank my wonderful team for all your help and support. I'm looking forward to working with you once again.

This year three lovely girls were awarded a \$750.00 scholarship and I want to share their words with you all.

Verena Padres:

My name is Verena Padres, and I currently attend Bonita High School in La Verne with my identical twin sister. In my free time, I love reading, go-kart racing, and skiing with my family. I am the daughter of a twin, who was born in Libya with her fraternal twin brother. I'm going to pursue Mechanical Engineering with an emphasis in Robotics for my Bachelor's degree. I currently plan on attending the same college as my twin sister.



With that degree, I want to work for a space exploration company such as NASA or SpaceX. Ever since I was little, I've always been intrigued by space. I spent long nights planning out trips for my family so that we could watch meteor showers, and I convinced my parents to drive me out to Vandenberg multiple times so we could watch SpaceX launches. I'm also part of a rocketry team; we competed nationally last year and we anticipate doing the same this year as well. My dream in life is to play a role in the exploration of space, whether by designing rockets or by working on a rover. Careers at either of those are highly competitive, and so I will need a strong degree to back me up so that I can one day work there. Especially since I am going to college at the same time as my sister, it's going to be difficult to afford the degree that is so critical to achieving my dream, but through scholarships like this, it brings me one step closer to my dream. This scholarship will help me with paying for my tuition, providing a financial relief that I am thankful for.

Marissa Siegel:

Hi, I'm Marissa Siegel, and I am currently a senior at Tahquitz High School in Hemet, California. I have been playing the trumpet since 4th grade, and have also been a part of my school's tennis team for two years. I enjoy being a part of these two activities because they have taught me many skills including how to be a leader and how to communicate well.

My plans for after high school are to start off at our local community college MSJC, and then hopefully transfer to Loma Linda University to major in Diagnostic Medical Sonography. I have chosen this major because I was diagnosed with a heart murmur when I was born. Because of this discovery, I have had to receive a couple echocardiograms, and every time I had one done, I was fascinated with the way that the heart functions. I look forward to having a career in this field so that in the future I could help diagnose patients with a heart issue.

Kambria Dick:

My name is Kambria and I am a triplet. I am from Carlsbad, CA. I currently go to Cal Poly SLO where I am majoring in architecture and minoring in construction management.

As an architect, I want to focus on sustainability. Growing up in a generation that has been directly impacted by climate change, one of my goals as an architect is to create more sustainable buildings. Throughout my education so far, I have learned about topics such as passive heating and cooling, and how the placement of the sun can drastically change the interior environment of the building. Being able to utilize sustainable tactics will help save energy and will ultimately be better for the environment. Through design I can help contribute to sustainability by reducing waste for the current and future generations.

Thank you again for this opportunity,

Kambria

Gaby Sempe

Scholarship Chairman

WORKSHOP 2022 – NOVEMBER 4-6, 2022

ORANGE COAST MOTHERS OF MULTIPLES (OCMOM) is pleased to host Southern California Mother of Multiples, Inc. 53rd Annual Workshop! We are embodying a 70's groove with this weekend. Our team is working hard to provide a relaxing, educational, and happening weekend. Make sure to dress up in your 70s glam! Will you be a flower child? A disco dancer? A motorcycle chick? A roller derby mama? Regardless, bring your dancing shoes. Make sure you register to compete in the Lip Sync for a chance to win \$100!

We are so looking forward to seeing you. Please spread the word and bring a friend or two!

Chairman Judy Simon Nguyen: Judysimon@gmail.com 714-553-6279

Co-Chairman Jennifer Payne: jmillpayne2@aol.com 714-580-2651

“SOLID GOLD MOMS!”

What's crackin' stone fox MOMs,

Orange Coast Mothers of Multiples is excited to host this year's annual Southern California Mothers of Multiples Clubs, Inc. 53rd Annual Workshop at the Ayres Hotel in Costa Mesa. The rooms are priced at \$129.00 standard/double/triple/quad. Complimentary Parking, Wi-Fi and Shuttle to and from John Wayne Airport. The hotel features beautiful grounds with a cobblestone courtyard, fountain, two outdoor heated pools and hot tubs. Don't miss the daily happy hour at Le Chateau Garden Bistro from 3:30pm-6:30pm. If you happen to be in the lobby in the evening, you can enjoy freshly baked cookies. We have an action-packed weekend that you REALLY do not want to miss!

On Saturday, we will start the morning with General Session. You will have a chance to hear what is going on at the State level. We will have a delicious lunch and compete amongst ourselves with some silly table games. We will be offering the following Workshop sessions: Financial Planning & Advice-2 sessions, Wine Tasting Challenge-2 sessions (\$10 fee per session), Chair and Full Body Yoga- 2 sessions.

Saturday night, we will enjoy a 70's Lip Sync contest. Who will win the \$100 cash prize? (See rules for more information). Winners of the Opportunity drawings will be announced after the Lip Sync Contest. Full Package purchasers ONLY will be invited to participate in Saturday night's Opportunity drawings. Still don't want the weekend to end?? Who has Saturday Night Fever?? Let's boogie the night away.

Get your 70's outfits out of storage and get your hairspray going! Get groovy with Orange Coast Mothers of Multiples at the Ayres Hotel in Costa Mesa November 4-6, 2022.

Reservation Deadline is October 4, 2022. Be sure to state that you are a member of Southern California Mothers of Multiples Clubs, Inc.

Make your reservations at:

Ayres Hotel

325 Bristol St.

Costa Mesa, CA 92626

Toll Free 1-800-322-9992

714-549-0300

Southern CA Mothers of Multiples Group Rate or Group Code:14429

or

For your convenience use this online link to make your room reservations:

<https://costamesagroups.ayreshotels.com/?coupon=14429>

Airport Shuttle

A complimentary shuttle service runs to and from the airport to the hotel.

Workshop 2022 Registration

Each attendee must complete a Registration Form. Print clearly or type out the form and send all completed Club Registration Forms with **one club check** payable to SCMOMC, Inc. by **October 4, 2022** to:

Registration Chairman, Lisa Anhalt
1977 Port Cardiff Pl.
Newport Beach, CA 92660

OR

[You may use this convenient link to send in your Registration form:](#)

<https://form.jotform.com/OCMOM/SCMOMCSolidGold22>

FOR EXECUTIVE COMMITTEE ONLY: Use the same link above but use your special code.

Full Club Name _____

Your Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

SCMOMC Position(s) _____

Local Club Position(s) _____

I am a First Time Attendee (check if Yes) _____

What is your favorite 70's star? _____

What is your favorite 70's movie? _____

What type of multiples do you have? _____

Package #1- Registration, Lunch, Showcase, Dinner & Entertainment \$145.00 _____

Package #2- Registration, Lunch, Showcase \$115.00 _____

Package #3- Registration & Showcase \$75.00 _____

Opportunity Drawing Tickets (3 for \$1.00) _____

Bonus: buy \$50.00 worth and receive 10 extra tickets

Workshop Wine Tasting \$10 per session _____

Workshop Disc \$4.00 _____

Grand Total _____

Luncheon Choice (*check one*):

- ☐ Classic Cobb Salad
- ☐ Vegetarian Wrap

Dinner Choice (*check one*):

- ☐ Orzo Chicken
- ☐ Pasta Primavera

Special dietary requirements/or allergies _____

Attending Workshop Session1 (Check One):

- ☐ **Ask a Financial Planner Q/A Session:** Susan Broaddus, mother of twin boys and Investment Advisor will offer financial planning tips—including children's education financial planning. Here's an opportunity to ask anything regarding financial planning, retirement, wills & trusts, etc.
- ☐ **Wine Tasting Challenge (\$10 fee):** How refined is your taste? Can you identify a wine by favor alone? In this blind tasting challenge, the person who can correctly identify all the wines presented will win a prize. Light hors d'oeuvres will also be served.
- ☐ **Gentle Yoga (Chair Accessible):** Neelam Molnar, mother of twin girls and a boy, certified Yoga instructor, and practicing lawyer will lead a session on how to get the best stretches while sitting down. Join us for a 45-minute relaxation session which will stretch out all the places us moms hold tension. This yoga session can be done while sitting on a chair for those with mobility issues. After the session you will leave feeling relaxed, energized, and ready for your next adventure!

Attending Workshop Session 2 (Check One):

- ☐ **Ask a Financial Planner Q/A (2nd Session)**
- ☐ **Wine Tasting Challenge 2nd Session (\$10 fee)**
- ☐ **Yoga (Full Body):** Neelam Molnar will lead a second session with full-body motions. This 45-minute flow will both energize your body and invigorate your soul. If you are new to yoga, don't be shy as modifications for all levels will be offered. We will go over common mistakes we make that lead to injury as we age and how we can strengthen our bodies to handle everything that comes with being a mom.

Privacy Choice: Include my personal information in the confidential listing: Yes_____ No_____

REFUND POLICY: Registration fees are non-refundable. Requests for refunds must be received IN WRITING no later than **October 4, 2022**. **NO REFUNDS WILL BE GRANTED AFTER THAT DATE.** Send Requests to: SCMOMC Meeting Planner, Laura Teague, 1708 Cherry Hill Road, Santa Paula, CA 93060. Phone: 805-525-8991 or E-mail: lkteaguervt@gmail.com.

S.C.M.O.M.C. Inc. *Fundraiser*

Pick An Item or 2

Bonfire website:

www.bonfire.com/store/southern-california-mothers-of-multiples-club



WOMEN'S SLIM FIT TEE



CLASSIC UNI-SEX TEE
\$23.99



PREMIUM UNI-SEX TEE
\$24.99



V-NECK TEE
\$24.99



MUG
\$15.99



TOTE
\$18.99

CONVENTION PICTURES



Carol Medina, Ventura



Bruce



The Queen Mum
Linda Grise



Molly &
Jennette
Sides



Carla Hall, President and her Installing Officers,
Donna Matanane and Diana Long



Michele Franzese Rustigan & Noreen Konops



Candy Hallmark

ELEVEN PAST PRESIDENTS





DONNA MATANANE AND LISA REY

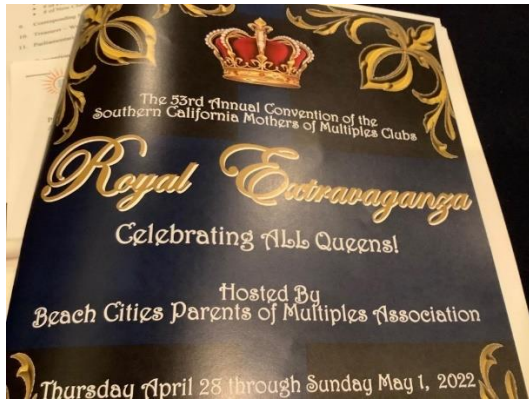


Conni Russell & Becky Hames Leidiger



2022-2023 EXECUTIVE COMMITTEE

DONNA MATANANE, PARLIMENTARIAN; ANGIE DARGAVAGE, RECORDING SECRETARY; CARLA HALL, PRESIDENT; WENDY LEONARD, TREASURER; DIANA PEDERSON COE, CORRESPONDING SECRETARY. TERRY BUCHANAN, VICE PRESIDENT



Temecula Valley MOMS



Robyn Samuelson-Dodd, Kristin Stiles, Janet Pike, Ashley Matics

LOCAL CLUB NEWS



SADDLEBACK MOTHERS OF MULTIPLES BOARD

In May the Saddleback MOM's hosted a Mom's Day out. They rented two party boats at Lake Mission Viejo North Beach. They enjoyed a relaxing two hour cruise around the lake. Choosing some sun on the deck or chilling in the shade of the awning. It was a BYOB and snack event. I'm sure it was a fun event to hang out with other MOM's and relax for a bit.

Thanks to the Saddleback MOM's for keeping me (the editor) on their email list and sending me information about the fun events they plan and attend.

Here's my pitch for other SCMOMC member clubs to add me to their email list (MickFR52@aol.com). I'd love to hear what your club is doing to keep members, encourage members to volunteer or just your fun stuff.

A row of eight colorful handprints in various colors (yellow, orange, pink, magenta, cyan, red, green, blue) is positioned above a large white rectangular area with horizontal lines, intended for members to write their responses.

Help me fill this page and share information that will be useful to your members clubs.

Thank you

Michele

Introducing a new section of the Bulletin

HISTORY CORNER

At convention I asked for new and innovative ideas to add to the newsletter to make it more interesting and fun to read. History Corner was the brain child of Diana Pedersen-Coe. I am happy to say I have received quite a few entries for this column. Keep the pictures coming and feel free to send a story or two also. Thanks so much to all who participated in this endeavor. I love seeing the history of SCMOMC.



MODD Squad MOM's at a Jethawks minor league baseball game in Lancaster in 2010. The evening was introduced as the Mothers of Double Digits - MODD Squad night.
Pictured above: Diana Pedersen-Coe's mom, Deborah, Tricia, Candy, the Jethawk, Diana, Donna.

MODD Squad walking for MS in 2007.
Walked every year since 1999.



1990 Convention "A Star is Born" Diana Long as Mae West and Jan Sgarlata as Liz Taylor

Linda Grise
Workshop 1987
"Galaxy Getaway"



Here is a fun photo of two past SCMOTC Presidents. While at the annual California State Society Daughters of the American Revolution Conference a while back, I ran into **Carol Zobel**, SCMOTC Past President 1994-1996. We chatted a few minutes before running off to our next events. Carol says hello to all.
Amanda Young Rigby
SCMOTC, Inc., Past President 2002-2004

Temecula Valley Mothers of Multiples enjoying their annual Mother's Day Mothers Night Out, at Cheesecake Factory this year.





Diana Long and Diana Pedersen-Coe celebrating 50 years of SCMOMC with their daughters, Joanne and Virginia

DATES TO REMEMBER

SEPTEMBER 2022

3 – FIRST CALL Workshop 2022 emailed

OCTOBER 2022

- 1 – BOARD meeting Notices emailed
- 1 – BULLETIN deadline – articles due to Editor
- 4 – DEADLINE for Workshop registration
- 12 – BULLETIN emailed
- 20 – DEADLINE Reports to President/copy to VP and OIC



NOVEMBER 2022

- 4 – SCMOMC Board Meeting @ 8:00 p.m.
- 4-6 – SCMOMC 53rd Annual WORKSHOP 2022
- 19 – SCHOLARSHIP applications available online

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SPECIAL PROJECTS-KRIS BERRY

Welcome to Fall and a New Club Year!

I'm afraid that I've been a little out of touch. Having "Tech" problems – GRRR! My phone has been vacationing in Texas while I am here!

But life goes on and so does SCMOMC. I am very busy trying to price out some new products to bring to Workshops and Conventions. If you see something special, that you think would make a great product to put our new LOGO on...

Let me know! In the past we have sold jackets (fleece), large duffle bags, t-shirts, tote bags, ink pens, luggage tag and so much more. What will be next?

The office of Special Projects is the only one that is authorized to use the State LOGO on merchandise for sale. Any usage must be approved through the Executive Board of Directors or at a Board Meeting. Any use of "theme" title or logo of a convention or workshop must first be approved by the Chairmen of said event. With that said, the Meeting Planner, Laura Teague and I would love to see clubs and individuals set up a table at Showcase! Do you have a home-based business? Do you make crafts? Do you sell things for your club to raise funds? Do you knit, crochet, paint, sew, draw, make Christmas decorations? Do you have multiple themed items your club sells? Tables are \$10 and you can sell almost anything! Call Laura Teague for more information and details! Ladies with a home-based business REMEMBER you can put an ad in our Bulletin. Let's support each other!

A very special Thank you to our Corresponding Secretary, Diana Pedersen-Coe for her help with the design and artwork of the disk for Workshop! "Thank you for being a friend!"

For our newer members, our disks are a small round circle that is engraved with the theme of our conventions and workshops. It's a little memento of each event you have attended. What fun we had and such beautiful memories. If you decide to collect them, I will have badges at Showcase that you may purchase.

Please stop by my table and say hi!

Kris Berry

Special Projects

