



The SUMMER 2025

Bulletin

SCMOMC 2025-2026 EXECUTIVE COMMITTEE

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Parliamentarian

Carla Hall
Act Two MOMs
parliamentari-

A Message from Our President



Happy Summer! I hope these summer months has brought you moments of rest and enjoyment, and fun family time. For me, it has been an enjoyable balance of relaxation and celebration. In June, my husband and I took an impromptu trip to celebrate our wedding anniversary. Honestly, I think it was more of an excuse to see a couple of Dodgers

baseball away games! I've also enjoyed the time spent by the pool with my grandkids. Summer truly is my favorite season, and I'm doing my best to soak it all in.

I want to take a moment to thank everyone who attended the June Zoom Board meeting. It was great to see many of you, and I am looking forward to stepping into my role as President for the upcoming year. Together, I know we'll continue the great work of this organization.

Looking ahead, I'm thrilled about the exciting plans underway. The Temecula Valley MOMs have been hard at work organizing a fun and engaging workshop for November. The Enchanted Forest theme sounds like a magical experience, and I encourage all of you to attend. It's sure to be a fantastic event!

Lastly, I am pleased to announce the addition of a new member club to SCMOMC: Sonoma County Mothers of Multiples. Please join me in welcoming them, and don't hesitate to reach out if you have any questions or need assistance. We are excited to support you in any way we can!

If you have any questions, concerns, suggestions, or anything else you'd like to discuss, please feel free to reach out to me. I'm here to listen and to help however I can.

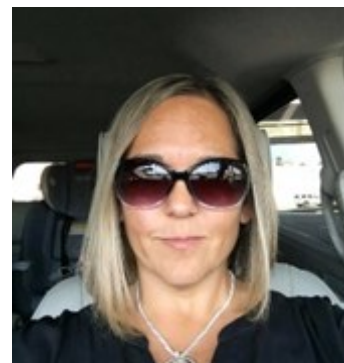
Wishing you all a continued joyful and restful summer!

All the best,
Lorrie Seigel

Vice President—Jennette Sides

Hello MOMS!

Happy summer to everyone!! Summer is my absolute favorite time of year. I love the slower pace, the extended hours of sunlight, the warm weather, and most importantly... not having to shuttle the kids back and forth to school! This past year was our first navigating 3 different schools and I am super thankful for the break in the pick-up/drop-off routine!



A huge thank you and congratulations to Ventura County MOMS for hosting a fabulous Convention in early May. The Palm Garden Hotel was absolutely beautiful and provided an excellent getaway and a great place to catch up with all my MOM friends. It is always so good to see you all!

And another congratulations to the newly elected Executive Board and Board of Directors. I look forward to serving with you all!

We have a new club that has joined SCMOMC this year after the disbanding of NCMOTC. Please welcome Sonoma County Mothers of Multiples to the SCMOMC family!! We are happy to have you!

Let me know if I can help you in any way. I look forward to serving as your Vice President this year.

All my best,

Jennette Sides

Recording Secretary—Diana Pedersen Coe

Hello Ladies,

Thank you again for voting for me as Recording Secretary again. I will be emailing the minutes from the board meeting on May 2 2025. The General Session minutes will be emailed out.

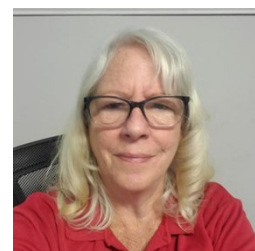
Awaiting any corrections or additions to either one of those minutes, then I will re-email everything if there are any additional things or corrections at that time.

NOTE: We are looking for two board members to be on the minutes approval committee. Please reach out if you are able to help.



Treasurer—Terry Buchanan

On Vacation!



Parliamentarian—Carla Hall



If you have any questions, concerns or suggestions after reading the Bylaws as well as your Procedures, please don't hesitate to contact me.

And a big thank you to Donna Matanane for updating all the documents which will definitely make my job (and those following in this position) so much easier. Your hard work is very much appreciated.

Editor—Torie Pack

Hello MOMs!

Welcome to the Summer edition of the SCMOMC Bulletin! First, a heartfelt thank you to everyone who contributed to this issue. Your stories, insights, and creativity are what make this publication meaningful and vibrant.

For those who don't know me, I'd love to take a moment to introduce myself. I joined Ventura County MoMs when I was about six months pregnant with my twin girls, Ellie and Chloe. From the very beginning, I came to truly appreciate the strength, support, and camaraderie of our local club and the broader Mothers of Multiples community. When my family relocated to San Diego for my husband's work, one of the first things I did was connect with the North County Mothers of Multiples chapter—and I was so fortunate to find a new home there. My twins will be four this September, and I look forward to a lifetime of serving this special organization that has given me so much.



I'm both excited and honored to step into the role of Editor for our club. As a fellow mom navigating the beautiful chaos of raising multiples, I know how valuable it is to feel seen, supported, and inspired. This bulletin is one small way we can stay connected, share wisdom, and celebrate the unique journey we're all on.

Summer has a rhythm all its own—long, sun-drenched days that blur into warm, laughter-filled nights. Whether you're chasing toddlers through splash pads, packing snacks for beach adventures, or simply savoring a quiet moment after bedtime, I hope this season brings you joy, rest, and a little magic.

This issue is filled with reflections, updates, tips, and stories from our community. I hope you find something here that makes you smile, sparks an idea, or reminds you that you're not alone.

Here's to sunscreen-streaked cheeks, sandy toes, and the sisterhood that holds us all together.

With warmth and gratitude,

Torie Pack

Editor, SCMOMC Bulletin

Upcoming Dates to Remember—2025

	July 2025		August 2025
0	Articles due to Editor		<i>No August Dates</i>
20	Bulletin Emailed* <i>*outside of standard schedule/cadence</i>		
24-27	MOA/NOMOTC Convention (Tucson, AZ)		
	September 2025		October 2025
1	Articles due to Editor	2	Board Meeting Notices Emailed
15	Bulletin Emailed	17	DEADLINE for Reports to the President with copy to VP + OIC
	November 2025		December 2025
7	SCMOMC Board Meeting @ 8:00 pm	1	Articles Due to Editor
7-9	55th Annual Workshop—SCMOMC—Murrieta	6	BOARD Meeting Notes Emailed
10	Scholarship applications available	15	BULLETIN emailed



56TH ANNUAL WORKSHOP

of the

SOUTHERN CALIFORNIA
MOTHERS OF MULTIPLES CLUBS, Inc.

ENCHANTED FOREST



Hosted by the Temecula Valley
Mothers of Multiples
Holiday Inn Express Murrieta
November 7-9, 2025



Meeting Planner—Laura Teague

THANK YOU to all the special women of the Ventura County Mothers of Multiples who once again outdid themselves this past May. I am blessed to have this as MY club. My first Convention was 1994 “TWO Oz” that Ventura was hosting, and they talked me not only in to attending but dressing as Glinda the good witch and helping with the event. It was the first time I had left my husband with our three-year-old fraternal girls overnight.

It started with just one night and now I go for 3!!

Once you get some time away with your MOM friends, it goes on the calendar again and again!

SO MARK YOUR CALENDARS!

WORKSHOP— NOVEMBER 7-9,2025 Second Weekend of November****

(Due to Halloween falling on a Friday)

Chair- Joanna Powers-Gibson, Co -Chair Janet Pike “Enchanted Forest”

The amazing MOMs of Temecula Valley have stepped up and invited our organization to once again visit their beautiful part of California. Holiday Inn Express & Suites Murrieta 24761 Hospitality Place Murrieta \$179.00 for either a King nonsmoking room or a two-queen nonsmoking room. Complimentary breakfast, Free Wi Fi, in room microwave, fridge and KEURIG coffee maker.

2026 2026 May 1-3 and Nov 6-8 2026 2026

We have TWO AWESOME Clubs that have stepped up to HOST!!

High Desert Mothers of Multiples and Orange Coast Mothers of Multiples

I will be working with both clubs over the summer to find the best places at the best prices for either Spring or Fall events in their areas.

I am happy to mentor any MOM that is interested in volunteering for the rewarding job of Meeting Planner and attend any club meetings to speak to your members about hosting future events.

Laura Teague

Meeting Planner & Past President/Advisor

lkteaguervt@gmail.com



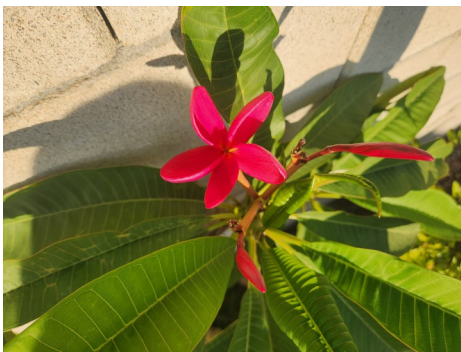
Temecula Valley Mothers of Multiples Retreat 2025

Temecula Valley Mothers of Multiples hosted our very first *Annual Mother's Retreat* in beautiful Lake Arrowhead, CA — and what an unforgettable weekend it was! From delicious food and plenty of drinks, to rejuvenating Pilates sessions and meaningful connection, we made time to relax, recharge, and celebrate motherhood together.

This retreat reminded us how important it is to set aside time just for *you*. We hope our experience inspires more women in our organization to prioritize self-care. Because the truth is: we can only give our best to our families when we invest in ourselves.



Plumeria—Joanna Power-Gibson



At Convention, when I expressed my interest in the Plumeria's in the Opportunity Drawing, Roberta Fuller kindly shared her tips on how to help a Plumeria flourish. I have a plumeria that is 5 years old (older than my twins) and it has never bloomed a flower, not once. I carefully followed the instructions that Roberta shared with me & was so excited to see buds forming. Today, I saw a burst of pink, the first beautiful flower had bloomed & more are set to open soon ☺ It made me think about all of the advice & support we share as fellow Mothers of Multiples. How powerful a few kind words or trade secrets can be. How we can all help each other with our different strengths (I do not have a green thumb) & how grateful I am to Roberta, for being kind enough to share her expertise & time with me, so that I can sit in my garden & enjoy the beauty of a plant

National Representative—Ellen Johnson



Hello, I am Ellen Johnson and I am happy to continue as your National Representative for this term. I am a member of Westside Mothers of Twins Club. I am a twin, but I do not have multiples. My mother, Bonnie Johnson, was President of (then) SCMOTC in 1993, elected at the 25th Anniversary. I have one son, Guy, age 14.

Multiples of America will hold its 64th Annual Convention in Tucson, Arizona from July 24 to July 26, 2025, with the theme of Two Steppin' in Tucson

As a reminder, club Multiples of America dues are due by September 30, 2025, so if you have not renewed yet, please remember to do so and also dues for all members must be submitted to remain in good standing and to be eligible for the benefits of membership, including scholarship and private Facebook groups. As you add members to your club, please remember to update Multiples of America and pay the dues for new members so they are eligible for the benefits.

Multiples of America provides support for all its member clubs, including maintaining a 501(c)(3) non-profit status under the national umbrella and group exceptions, if your club elected to participate. Parliamentary services are also available to help your club with any issues. In addition, bereavement support is also available to help members through the loss of a loved one. Inquires can be directed to the Executive Office at info@multiplesofamerica.org.

Please share your club newsletters and photos with the Media & Publication Vice President. It is great to share what your club is doing with the members across the nation.

In addition to the Bulletin articles, I post messages to the SCMOMC Facebook Group from Multiples of America or about Multiples of America. Make sure to join the Multiples of America Members Only Facebook Group and you can follow Multiples of America on Twitter (now known as X) and Instagram.

Make sure that info@multiplesofamerica.org is on your safe list for your email accounts as there are many communications throughout the year that provide excellent information, including the publication Multiple Connections and this is a good source of information.

Also, check the Members Only section of the Multiples of America website (<https://multiplesofamerica.org>) There are excellent resources to help clubs and individuals including tipsheets and archived Zoom Connects if you were not able to attend in the past. If you do not know the information to access the Members Only section, please contact your club president and/or National Rep, as the information is provided to them by Multiples of America.

The next Zoom Connect will be on September 10, 2025. Register through the Multiples of America website by September 8, 2025 to reserve your spot. The topic for this Zoom Connect is Multiples and Identity Development Through the Lifespan.

I look forward to sharing news and information from Multiples of America with you.



Past President—Carla Hall

Again, I want to say thank you to all of the members of this organization for all you've done just by being a part of it. It was my pleasure to work with so many of you. And a very big THANK YOU to the BOD for all my gifts – you know me too well.....everything was absolutely perfect and I appreciate you all from the bottom of my heart. Love you all....



Secret Sisters—Messages

- ◇ Thank you to Tricia for being such a SUPER Secret Sister - Diana Pedersen-Coe
- ◇ Thank you to Diana Pederson Coe – I had no idea that it was you and I loved everything. You were fantastic.....Love you.....Carla

Recipe Corner

Easy Cake Mix Bars for Kids

Ingredients:

- 1 box yellow cake mix (regular size)
- 1 large egg, room temperature
- 1/2 cup 2% milk
- 1/3 cup canola oil
- 1 cup white baking chips
- 1/3 cup gummies

Directions:

- * Preheat the oven to 350°.
- * In a large bowl, combine cake mix, egg, milk and oil (mixture will be thick).
- * Stir in baking chips and gummies.
- * Spread into a greased 15x10x1-in. baking pan.

NOTE: The dough can be frozen for later baking.

Nominating Chair—Conni Russell



As nominating chairman my committee and I have approved the 2025-2026 slate of officers.

Nominee must be present at convention and eligible to run for office.

Nominations can be accepted from the floor. Resumes can still be accepted for any nomination of an elected officer. Resumes for these positions plus nominating chairman and nominating committee must be submitted to me before a nomination can be made from the floor.

I will have blank resumes on all tables at General Session. They will also be in delegate packets. The resumes for Board of Director positions must be submitted to me by the end of General Session for consideration.

I would like to thank my nominating committee Linda Gris , Justine Wakim, Kathy Magouik and Amy Zebreck for all their help and input. I would also like to thank our Parliamentarian Donna Mantanane. Donna is a wealth of knowledge that I truly appreciate her for.

Conni Russell

Nominating Chairman

2024-2025 SCMOMC Board Members

Advisor/Past President (83-85)	Diana Long
Advisor/Past President (87-89)	Kathy MaGouirk
Advisor/Past President (89-91)	Carla Hall
Advisor/Past President (96-98)	Linda Grisé
Advisor/Past President (00-02)	Terry Buchanan
Advisor/Past President (06-08)	Donna Matanane
Advisor/Past President (12-15)	Laura Teague
Advisor/Past President (15-17)	Amanda Armitage
Advisor/Past President (17-19)	Melissa Lewis
Nominating Committee Chair	Conni Russell
Nominating Committee	Conni Russell, Robyn Samuelson-Dodd, Becky Hames Leidiger, Regina Voshell, Amy Zebrack
Meeting Planner	Laura Teague
2025 Workshop Chair	Joanna Power-Gibson
2025 Workshop Co-Chair	Janet Pike
2025 Convention Chair	Laura Teague
2025 Convention Co-Chair	Melissa Lewis
Chaplain	Molly Sides
National Representative	Ellen Johnson
State Liaison	Wendy Leonard
Editor	Torie Pack
Special Projects	Justine Wakim
Insurance Liaison	Maike Rehusch
Webmaster	Kristin Stiles
President's Scrapbook	Kris Berry

2024-2025 SCMOMC Board Members

Historian	Tricia Heck
Support Services HOM	Candace Hallmark-Bozek
Marketing Chair	OPEN
Scholarship Committee Chair	Joana Power-Gibson
Scholarship Committee	Debbie Anderson, Cris Gamboa, Linda A. Grisé, Gaby Sempé



Resume for Elected and Appointed Positions

Personal Information

Name: _____ Telephone: (____) _____

Address: _____ City and Zip: _____

E-mail address: _____ Cell phone: (____) _____

Member in good standing (local club): _____

Date joined: _____ Current position: _____

Please indicate, in order of preference, your **1st, 2nd** and **3rd** choices for the SCMOMC, Inc., *Executive Committee* positions that you are interested in serving in. All resumes must be returned to the Nominating Committee Chairman *received/postmarked by January 10, 2025* in order to be considered for nomination, by the Nominating Committee.

President _____ Vice President _____ Recording Secretary _____

Corresponding Secretary _____ Treasurer _____

In order to be considered for a *Chairmanship or other board position*, a current resume must be on file prior to consideration for elected/appointed positions. Please number, in order of preference, your **1st, 2nd** and **3rd** choices for the positions you are interested in serving in.

Elected: Nominating Committee Chairman _____ Nominating Committee Member _____

Appointed:

Advisor/Past President	_____	Scholarship Committee Chairman	_____
Chaplain	_____	Scholarship Committee Member	_____
Convention Chair	_____	Special Projects	_____
Convention Co-Chair	_____	State Liaison	_____
Editor	_____	Support Services HOMs	_____
Historian/Memories	_____	Webmaster	_____
Insurance Liaison	_____	Workshop Chair	_____
Meeting Planner	_____	Workshop Co-Chair	_____
Parliamentarian	_____	National Representative	_____
President's Scrapbook	_____	<i>As Needed</i>	_____

**** By submitting this application, you are consenting to serve as a member of the**
SCMOMC, Inc. Board of Directors **

Attendance at Convention is mandatory for election to the SCMOMC, Inc., Executive Committee.
All officers and chairmen are expected to attend all scheduled meetings of the Board of Directors.

Local Club Service

Office(s) held:

Chairmanship(s) held:

SCMOMC, Inc. Service

Office(s) held:

Chairmanship(s) held:

Other Qualifications and Affiliations

Complete and send to SCMOMC, Inc. Nominating Chairman: Conni Russell

- via email attachment: Conni_Russell@icloud.com
- via US Mail: 505 Verdin Drive, El Cajon, CA 92019

DATE RECEIVED by Nominating Chairman: _____

Special Projects

Have you purchased your SCMOMC swag yet? Show your support of SCMOMC by purchasing some great logo items. Use this link [SHOP SCMOMC](#) to access the SCMOMC Bonfire store for classic SCMOMC Merch!



V-Neck Unisex Tee



Women's Slim Fit Tee



Premium Unisex Tee



Logo Mug



Logo Tote

Or if you're looking for fresh designs with or without the SCMOMC logo, please reach out for more information about our Printify shop for additional items. A lot of these items are unbranded, so they make a great gift for any parent of multiples.

(NOTE: Link is currently under construction)



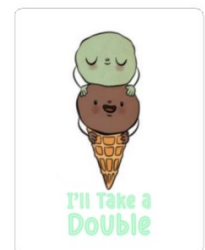
Tote Bag



Triplet Pea Sticker



Twin Pea Tank



Double Scoop Sticker



Multiply & Know Things Tee



Twin Pea Tank



I'll Take My Odds Tee